

Launch event of the IAPT BAME Positive Practice Guide 2020 Feedback form

Taking mental health to the heart of BAME communities

Feedback forms

Please rate each of the sessions in terms of how relevant they were to you and your service - (Tally of results and collated comments below):

Evaluation key:

1 = Little relevance 2 = Some relevance 3 = Relevant 4 = Very relevant

Presentation: Putting Inclusion at the Heart of Workforce Planning

Clare Baguley, Psychological Professions Workforce Lead, Clinical Advisory Team, Health Education England working across the North West

1	2	3	4
	1	6	17

Comments:

- Good setup, like action focus
- Great introduction to the day
- A lot of knowledge gathered today on what needs to be done to meet the needs of the BAME. It still remains unclear as to how these would be funded
- Engaging and knowledgeable
- Good intro to the day to get us all thinking about the importance of this in everyone's lives
- Relevant discussions however I am not a manager and am not involved with the recruitment process
- Lots of useful info
- Positive reflection on BAME workforce

Presentation: Development of the Increasing Access to Psychological Therapies (IAPT) BAME Positive Practice Guide

Saiqa Naz Co-author of the IAPT BAME Positive Practice Guide, Chair of BABCP Equality & Culture Special Interest Group

1	2	3	4
1		7	17

Comments:

- A little confused by first half of presentation initially as not what expected with topic and delivered quickly
- A very informative and useful guide – just needs support to follow through with
- Interesting to hear about the challenges from the governing bodies that are supposed to support great pieces of work
- Very relevant and her passion was stimulating
- There is an evident disconnect between NHSIE and routine services. Felt quite top down and not acknowledging the pressure in services
- Section on psychological safety really hit home
- A rapid presentation but lots of useful information but talk a bit rushed as I’s like to have followed it more carefully
- Key points need a little more focus

Presentation: Why is Inclusion & Widening Access for BAME Communities a Priority for IAPT?

Ursula James, Senior Clinical Delivery Manager, NHS England and NHS Improvement

National IAPT Programme and Dementia Programme

1	2	3	4
2	3	9	12

Comments:

- Shocking but not unexpected – curious as to what will change or be addressed by this?
- Not properly addressed about actions and practical ways of promoting PPG BAME (ways of making sure all services use it according to their demographics)
- Excellent – bringing problems to life
- Encouraging
- Useful to have some stats
- Demonstrates the great need for this

Visual performance: Creatively Engaging Communities: Positive Practice in Action, ‘Mein pagal nahin houn’ - ‘I am not crazy’

An award-winning play written by Kameer Shoaib and performed by Saiqa Naz; Siama Badar & Samina Choudhry followed by a question & answer session

1	2	3	4
1	2	4	18

Comments:

- Very emotional – so true in BAME communities, could relate to it in my own family
- Excellent – truly engaging and meaningful
- Wow – Amazing!

- Engaging and captured audience – easy to follow and very considered
- Very good play – really topical performance can help people understand the issues. I liked the interactivity – only downside was sound issues (not always possible to hear everything perfectly)
- Great play – would be useful to capture other ethnic background barriers with culture / religion – very engaging and performed well
- Moving back and forth was slightly distracting
- Excellent drama – this should be made mandatory in our mental health services. Hit home what really happened in the home. We need to educate people more
- Positive – really delivered message
- Great idea and accessible performance – added some good energy to the day

Presentation: Personal Experiences of Seeking Help from the BAME Community

1	2	3	4
1		2	23

Comments:

- Brilliant to hear personal experiences
- Very important to hear service users’ experiences of using IAPT regardless of if it was negative or positive as this is how we learn / practitioners can relate personally
- Invaluable perspective and powerful statements
- Good that they offered good and bad experiences
- Inspirational – particularly with social anxiety to speak in front of the whole audience
- Gave me lots to think about, very good speakers
- Sincerity around our goals r.e. BAME communities rather than just ‘lip service’
- Always good to hear the personal experience – the expression is from their hearts
- Really helpful to hear from service users – brings home the problems but also the positive aspects make me appreciate and enjoy what I do
- Great to hear firsthand experiences

Interactive workshop: Taking the BAME Positive Practice Guide Forward

1	2	3	4
	1	11	12

Comments:

- Inspiring
- Lots of food for thought, good to have the opportunity to explore in a group
- Good to talk and network with others
- Got sidetracked with large political discussion
- More time needed – only discussed a couple of points but very useful sharing viewpoints

- Good topic of discussion
- Interesting to liaise with professionals from other backgrounds to heat their actions
- Needed table host to improve focus

Presentation: Commissioning Services for BAME Communities – Recommendations from the BAME Positive Practice Guide

Saiqa Naz Co-author of the IAPT BAME Positive Practice Guide, Chair of BABCP Equality & Culture Special Interest Group

1	2	3	4
	1	6	7

Comments:

- Good summary
- Looking forward to opening up the additional info
- I thought the whole day was brilliant to see how this guide has developed. It's so helpful in an IAPT service to have something concrete produced but also to have simply achievable steps which we can readily implement (which is often not the case)
- Appreciate Saiqa being honest about the challenges she faces r.e. the guide and it being used / promoted for positive change

Any other comments:

- Excellent document all our responsibility to keep alive
- Was hoping there was more to do on how to implement and more support to do this – very sad to hear that is not the case
- Great venue
- Great event but travel from the train station is expensive
- Interesting and great to see so much passion and desire to change from everyone in the room
- Thank you for the lovely lunch. Would love specific training and follow up to the guide
- Amazing venue