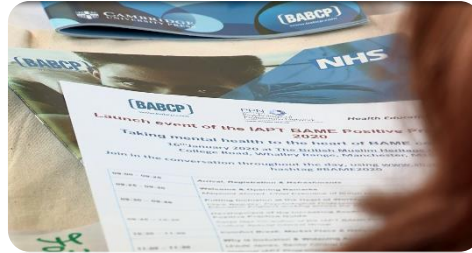


## Launch event of the IAPT BAME Positive Practice Guide 2020: Taking mental health to the heart of BAME communities

### Delegate Pledges



### Action Plan: Our Individual Pledges

- Circulate the BAME PPG within the IAPT service – Team manager
- Take to next diversity and inclusion meeting
- Email guidance to all team members
- Take audit tool from guide back to my IAPT service clinical management group / service training day
- Propose additional questions to brief initial assessment
- To meet with Clare Baguley to determine the best way to involve strategic leaders to drive strategic imperative
- To promote the guide amongst IAPT workforce group
- Challenge mental health providers to say what steps they are taking to open access to under-represented groups
- Engaging with BAME communities in order to understand their subjective cultural needs and how they prefer their needs to be met
- Continuing promotion of the PPG via teams / talking / general public
- Identify and then start to address any inequalities in access to the service
- Direct work colleagues and team manager to the BAME PPG and will disseminate key learning points from the day to them
- Discuss PPG in step 2 CPD session feedback
- Run data report on BAME prevalence as evidence of need for champion role
- Communicating with colleagues and spreading the word of the PPG
- Collaborating with the 3<sup>rd</sup> Sector
- Set up a BAME Service User Group at the British Muslim Heritage Centre to link into NHS and provide lived experience

