

PPN

NORTH WEST



Psychological
Professions
Network

PROMOTING EXCELLENCE IN
PSYCHOLOGICAL HEALTH & WELL-BEING

Four Strategic Areas of Interest

- 
1. Education & Lifelong Learning
 2. Supporting Clinical Excellence
 3. Research & Innovation
 4. Promoting Psychological Wellbeing




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Workshop Part 1

-  Choose 2 of the work areas that you would like prioritise your contribution to (*you can contribute to all four work areas via our web site consultation*)
-  15 mins for each work area – consider the three questions outlined on the worksheet
-  Use post-its to place your contribution on relevant part of the board



Questions

- 🌀 **Current Examples?** of good practice / clinical excellence / innovation/
- 🌀 **Development Ideas?** What ideas do you have about how this area could be developed? – time scales Short; Med; Longer term / ‘quick wins’?
- 🌀 **Network Support?** How could the network support your ideas / work / aims
- 🌀 **Your level of interest in this area?**

Workshop Part 2

- 🌀 Gather in your allocated work area (# 1 – 4)
- 🌀 Working in tables of approx. 8 people - allocate a scribe
- 🌀 Look at the boards from Part 1
 - 🌀 Identify the Key Themes & Resources
 - 🌀 Discuss are there any obvious Gaps or Areas for Development?
 - 🌀 What are the key actions?

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Education and Life Long Learning



Neil McLauchlan

Associate Head for Education Commissioning

Education and Life Long Learning

PPN North West is committed to

- promoting excellence in the standard and delivery of education & training
- facilitating the highest quality clinical learning environments
- promoting a culture of accessible life-long learning across the whole workforce
- supporting the integration of research & innovation in education and training.

1. Promoting excellence in the standard and delivery of education & training

- Ensure all education is patient/client focused and users are directly involved in recruitment, selection, development and delivery of education
- NHS values and behaviours are embedded in all education and training
- Student and employer satisfaction informs delivery and content
- Bring practice educators, academics, teachers and students together to share good practice and challenge poor practice
- Use the networks to look to the future and what skills , knowledge and competencies will be needed
- Recognise the contribution that education and training offers

2. Facilitating the highest quality clinical learning environments

- Develop strong partnerships between service, education providers and regulatory/professional bodies
- Improve access to education and training for supervisors and mentors
- Practice Education Facilitators supporting the development and quality of practice learning
- The Placement Development Network identifying and supporting the development of more and innovative placement and practice learning opportunities
- Working across service, providers and sectors
- Developing information services and libraries through the HCLU

3. Promoting a culture of accessible life-long learning across the whole workforce


- Access to CPD Modules at 11 Universities in the North West open to qualified staff delivering NHS services through CPD Apply
- Investing £3m as cash allocations for CPPD to NHS organisations
- Modules and bespoke education and training at a range of levels to support the Psychological Professions
- Need to work the Network and service providers to improve access and identify training needs
- Supporting multi-professional learning
- To support transformational change


4. Supporting the integration of research & innovation in education and training.

- Strengthening research skills and competencies into pre-registration programmes
- Using CPD to support research capability and capacity
- Developing links with other networks; Academic Health Care Science Networks (AHSNs), AQUA, CPWD, etc
- Developing networks for sharing and dissemination of research, innovation and best practice
- Developing clinical academic roles

Supporting Clinical Excellence

Dr Claire Maguire

 'If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception, it is a prevailing attitude'.
Colin Powell

 Excellence is never an accident. It is always the result of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives - choice, not chance, determines your destiny.
Aristotle

What is Clinical Excellence?

- 🌀 Continuing professional development in clinical skills training will enhance our capability in meeting the needs of our population, service users, families and carers.
- 🌀 Developing leadership skills across the professions to enable our workforce contribute to service development and inform commissioning.
- 🌀 Promoting the importance of supervision, mentoring and coaching to increase our skills to support our colleagues as well as the wider workforce.

Enhancing clinical knowledge and skills

- 🌀 Sharing expertise
- 🌀 Promoting excellent clinical practice
- 🌀 Inform the development of skills based clinical education programmes
- 🌀 Improve awareness and uptake of continuing professional development opportunities
- 🌀 Identify further development needs for our specific areas of practice and across the workforce as a whole

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Developing leadership skills

- 🌀 Link with current initiatives including
 - 🌀 the North West Mentoring and Coaching
 - 🌀 The Leadership Academy
- 🌀 Raise awareness of available support and resources
- 🌀 Improve access for the whole of the workforce
- 🌀 Enable the development of courses to meet our members' needs.

Promoting values based practice

- ❁ Values-based practice emphasises the importance and impact of the diversity of individual values in health care including the values of people who use our services, their families and carers, the clinicians, researchers and managers.
- ❁ It seeks to enable these perspectives to be recognised and respected by all in the development, delivery and receipt of services.

10 ESSENTIAL SHARED CAPABILITIES

- 🌀 Working in partnership
- 🌀 Respecting diversity
- 🌀 Practising ethically
- 🌀 Challenging inequality
- 🌀 Promoting recovery
- 🌀 Identifying people's needs and strengths
- 🌀 Providing service user-centre care
- 🌀 Making a difference
- 🌀 Promoting safety and positive risk taking
- 🌀 Personal development and learning

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Supporting Clinical Excellence

-  Individual
-  Team
-  Service
-  Organisation

Supporting an NHS vision for research & innovation

Dr Lynne Goodacre
Assistant Director

NHS Research & Development North West

NHS Constitution:

Principle 3. The NHS aspires to the highest standards of excellence and professionalism

..... through its commitment to innovation and to the **Promotion, Conduct and Use of research** to improve the current and future health and care of the population.



Why do R&I matter to the NHS?

Better quality care

- * Research active centres produce better patient outcomes
- * CLAHRCs improving outcomes through conduct and application of applied research

Patient choice

- * 97% believe it's important the NHS supports research into new treatments
- * 93% want the NHS to be encouraged or required to support research.
- * 72% would like to be offered opportunities to be involved in trials of new medicines or treatments

Why do R&I matter to the NHS?

Effective utilisation of resources

- * Academic Health Science Networks
 - * Rapid adoption & diffusion of research across the health economy
 - * Speeding up the adoption of innovation at ‘scale and pace’.
- * *If we can become better at recognizing and rewarding innovation; ensure that good ideas don’t get lost; and adopt them more quickly and efficiently across the NHS, then we can deliver better patient outcomes at home and take a leading role in life science globally.*

(David Willetts 2011)

Why do R&I matter to the NHS?

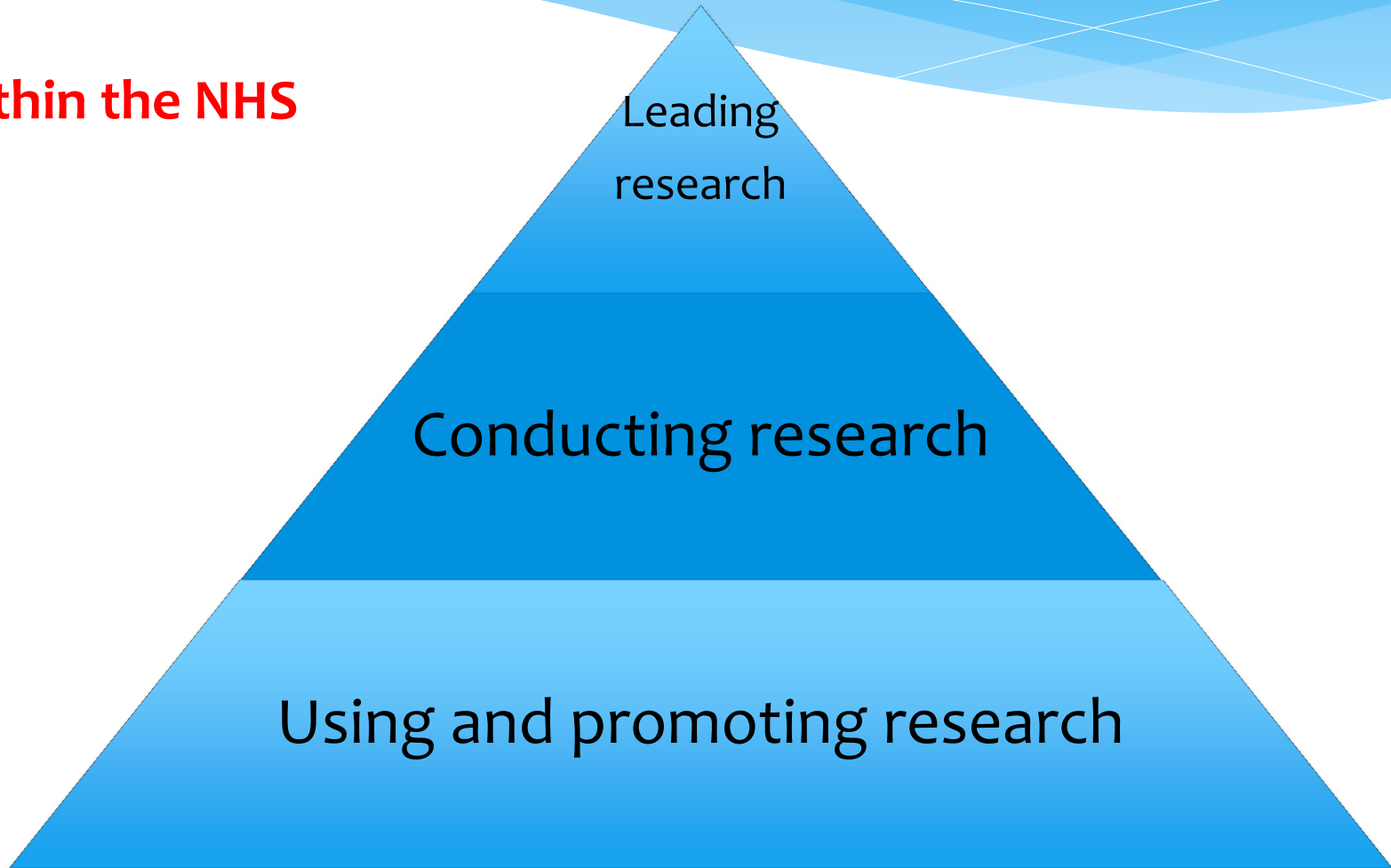
Economic investment

- * Contribution to the national and local economy
 - * Pharmaceutical, bioscience and medical technology sectors employ almost 165,000 people in the UK
(Strategy for UK Life Sciences 2011 BIS)
 - * Generated trade surplus of £5bn in 2012
- * NIHR Local Clinical Research Networks
 - * Supporting recruitment to portfolio studies
- * It's OK to ask



What might a culture of R&I look like?

Within the NHS



The vision

Our ambition must be for an NHS defined by its **commitment to innovation**, demonstrated both in its **support for research** and its success in the **rapid adoption and diffusion** of the best, transformative, most innovative ideas, products, services and clinical practice.

Sir David Nicholson 2011, Innovation Health and Wealth

The North West Psychological Professions
Network

Promoting Psychological Wellbeing

Dr Cathy Amor
Senior Clinical Tutor
DClinPsy Programme, Lancaster University

Psychological Wellbeing is a Dynamic State, where we can:

- ◉ Develop our potential
- ◉ Work productively and creatively
- ◉ Build strong and positive relationships with others
- ◉ Contribute to our social and/or working community

It is enhanced when:

- ◉ We are able to fulfil our personal and social goals and achieve a sense of purpose

(Foresight Report, 2008).

We Promote Psychological Wellbeing

When we:

- ◉ Work with local communities to strengthen positive relationships and roles, perhaps by working alongside public health colleagues, training health visitors, helping vulnerable people to access activities and support in their local area, etc
- ◉ Provide opportunities for colleagues and other staff members to enhance their wellbeing and build positive working environments
- ◉ Speak up to ensure that mental health is a priority as services are planned and purchased
- ◉ Help those who are traumatized and those who need the transformative effects of therapy and social support.

How Can the North West PPN Support us in Promoting Psychological Wellbeing?

- ◉ One voice to promote parity of esteem between physical and psychological health
- ◉ Sharing good ideas and excellent practise
- ◉ Training together
- ◉ Networking and matching those with complementary interests and expertise
- ◉ Spreading the word when new opportunities to contribute arise
- ◉ Giving colleagues, purchasers, developers of new services and and the public a place to access information