

# **PPN Midlands: Archived Resources**

## **Psychological Professions Week 2024**

*Mental Health and Wellbeing Practitioners (MHWP): Progress and Innovation with this Developing Role*

- [PPN Midlands "Mental Health and Wellbeing Practitioners \(MHWP\): Progress and Innovation with this Developing Role" Slide Deck.](#)

PPN Midlands first event during Psychological Professions Week 2024 focused on innovation with Mental Health and Wellbeing Practitioners (MHWP) in specialised settings. Dr Luke Mitcheson and Dr Sarah Stacey shared insights into the implementation of MHWPs within community drug and alcohol treatment settings. Debbie Hart and Karina Cichocka, MHWPs working in these roles, provided an inside look at their day-to-day responsibilities and highlighted how their role has enriched the Multi-Disciplinary Team.

*Career Development for CAPs Post-Qualification: Opportunities and Approaches*

This second event was hosted by the national network of CAP trainers (GTiCA(A)P). Tutors from three CAP courses in England provided an overview of the opportunities for career development that CAPs can consider post-qualification, and outlined suggestions for how CAPs can use this information to plan their own careers and continuing professional development.

- You can watch a recording of the presentation given by [accessing the recording on this link.](#)
- Another useful resource referred to in this session was this [CAP Career Pathways tool.](#)

## **PPN Midlands 4th Anniversary 2024**

[PPN Midlands 4th Anniversary Blog](#)

*Webinar: A Celebration of PPN Achievements, Showcasing Health Psychology in Workforce Transformation*

- [PPN Midlands 4th Anniversary Webinar Slide deck](#)
- [PPN Midlands 4th Anniversary Webinar Q&A: Trainee Health Psychologist](#)
- [PPN Midlands 4th Anniversary Webinar Recording](#)

PPN Midlands celebrated its 4th anniversary with a webinar to highlight achievements, including a membership growth exceeding 2,500 members and dissemination of over 160 bulletins. A key focus was the integration of health psychology into workforce redesign, showcased through a pilot project funded by NHS England's Workforce

Transformation Programme. Trainee Health Psychologist Helena Lee shared key insights from the Midlands experience, including the "Quality Conversations" project, which aimed to enhance access to and effectiveness of healthcare within the Derbyshire Integrated Care System.

*In-person event 1: PPN Midlands Community of Practice Co-chairs and Midlands Chief Psychological Professions Officers*

- [PPN Midlands 4th Anniversary CoP and CPPO Event Slide deck](#)

PPN Midlands held two in-person events on 25th September, the first of which brought together co-chairs from our growing Communities of Practice along with Chief Psychological Professions Officers, marking a significant milestone in our collaborative journey over the past 4 years. The event served as an opportunity for co-chairs from our 5 Communities of Practice to reflect on and share successes, benefitting from the expertise of the Chief Psychological Professions Officers in attendance who added further depth to conversations. Attendees also had the opportunity to discuss a range of topics with Adrian Whittington, NHS Clinical Lead for Psychological Professions, who provided an insightful update on the national context and emerging workstreams.

*In-person event 2: PPN Midlands Lived Experience Networking*

- [PPN Midlands Lived Experience Networking Event Slide deck](#)

The second event focused on bringing together Lived Experience Coordinators, Lead Peer Mentors, and professionals committed to enhancing lived experience involvement across Midlands NHS Trusts, and Higher Education Institutions that deliver psychological professional training programmes. This event was the culmination of a co-produced scoping and mapping project led by Paul Edwards, PPN Midlands Expert by Experience. It provided a valuable platform for participants to share successful lived experience engagement initiatives and practices, and mark the beginning of discussions to build a Midlands Lived Experience community to share practice.

## **The Psychological Professions in the Midlands: Workforce Overview Report 2023**

In collaboration with NHS England's Workforce, Training and Education Directorate and Chief Psychological Professions Officers from across the region, PPN Midlands have developed a Workforce Overview report.

The project was initiated by PPN Midlands to inform regional workforce planning conversations and developments. It aims to provide a picture of the psychological professions workforce to inform planning at multiple levels, and in conjunction with other local and regionally held information, it will support effective workforce planning and set a baseline from which to measure expansion requirements over coming years

### **PPN Midlands 2nd Birthday, showcasing new Psychological Practitioner roles**

To help us celebrate our 2nd birthday, we were joined by a range of members who worked within the new practitioner roles, such as Education Mental Health Practitioner, Children's Wellbeing Practitioner, Mental Health Wellbeing Practitioner and Clinical Associate Psychologist. [Head over to our 'PPN Midlands 2nd Birthday, showcasing new Psychological Practitioner roles' events page](#) to see the resources used throughout the event.

### **Psychological Professions Week 2022**

Here in the Midlands during #PPWeek2022 we were joined by some of our members who provided us with some inspiring, thought-provoking and honest presentations. [Head over to our 'Psychological Professions Week 2022' events page](#) to see the resources used throughout the week. Recordings of the national conference sessions are available to watch [here](#).

### **PPN Midlands Turns 1**

Missed our 1st birthday event? No problem! The presentations used on the day are now available for you to see. Take a closer look at the introductions to PPN England and the Midlands, psychological professions with children and young people and psychological professions with adults. [Head over to our 'PPN Midlands Turns 1!' events page](#).