

The East of England Psychological Professions Network (EOEPPN) is seeking Experts by Experience, with a particular interest in the Psychological Professions, to join our Workforce Council and contribute to our activities.



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Who are we looking for?

We are seeking members of the public who live in the East of England which covers Essex, Suffolk, Norfolk, Cambridgeshire, Hertfordshire, and Bedfordshire. People are sought from diverse backgrounds with varying ages, heritage and lived experience, who have:

- Accessed NHS commissioned psychological services themselves or,
- Wanted to access services and been unable to or,
- Have supported someone who has accessed NHS commissioned psychological services.

Applicants must be able to:

- Be aware of their own needs and engage in self-care as well as asking for support when needed
- Demonstrate patience and kindness
- Work in a team
- Respect others and have respect of difference of identity and views
- Want to uphold non-discrimination in all work in the EOEPPN (adhering to [Equality Act 2010](#))
- Listen, share ideas and be reflective
- Use technology/internet (support can be given)

What is the Psychological Professions Network?

The Psychological Professions Network (PPN), has been established and funded across the seven regions in England, to:

- Provide a unified voice for all of the Psychological Professions (see below)
- Inform, enable and influence health and social care, so the impact of the psychological professions is maximised for the public
- To play a particular role in workforce transformation, by supporting the development and expansion of the psychological professions

You can find out more about the PPN and our work generally at:

www.ppn.nhs.uk

And our East of England region at: www.ppn.nhs.uk/east-of-england

What will be involved?

Some of the activities for members will include:

- Attending meetings, events and contributing to communications on behalf of the EOEPN
- Ensuring that the voice of service users, carers and the public areas represented in the EOEPN
- Involvement with EOEPN staff on a number of areas / projects of the workplan
- Reading documents in advance of meetings
- Attending team meetings
- Attending workplan reviews
- Joining the EOEPN Workforce Council as a member
- Holding professionals including the EOEPN staff to account
- Asking questions including asking for clarification and explanations of items discussed
- Offering alternative perspectives

PPN meetings and events are currently taking place online via Microsoft Teams, and will continue to be held online for the foreseeable future.

Which Psychological Professions fall within the Psychological Professions Network umbrella?

- Clinical, Health, Counselling and Forensic Psychologists
- Cognitive Behavioural Therapists, Counsellors, Child and Adolescent Psychotherapists, Adult Psychotherapists, Family and Systemic Psychotherapists, Psychotherapists (other)
- Psychological Wellbeing Practitioner, Children's Wellbeing Practitioners, Education Mental Health Practitioners, Mental Health and Wellbeing Practitioners, Youth Intensive Psychological Practitioners
- Clinical Associates in Psychology
- Assistant Psychologists

We retain a close relationship with Art, Drama and Music Therapists, however their professional leadership sits within the Allied Health Professions.

Will there be payment?

Yes, payment will be made, for time given and necessary preparation in accordance with Health Education England's Expert by Experience pay rates (currently £20 per hour).

How to express an interest in involvement

If you are interested in being an expert by experience with the East of England PPN, please contact us by the end of **Tuesday 14th March** telling us:

- Your name and contact details
- Why you are interested in this opportunity
- The experience, knowledge, and skills that you bring (including any similar roles)

We are happy to hear from you by email to: hpft.eoeppn@nhs.net

You do not need to express your interest in written form – you are welcome to record us a message or to use another approach that you feel comfortable with.

What will happen after an expression of interest?

We will arrange to meet with you online to discuss your potential involvement further, in the weeks commencing **20th and 27th March** (at a time convenient to you).

Required availability:

You will need to be able to attend an introductory meeting for workforce council members on: **Wednesday 19th April 1-3pm**

The full workforce council meetings are on:

26th April 2023 (12-2pm)

12th July 2023 (2pm-4pm)

18th October 2023 (2pm-4pm)