

July 2025

REGIONAL UPDATE

East of England Psychological Professions Network



In this East of England Psychological Professions Network update, you can find out more about our East of England PPN Senior Assistant Psychologist vacancy, the impact of the NHS 10 Year Plan on the psychological professions, new PPN resources, and both regional and national news.

Scroll down to find out more.

East of England PPN Senior Assistant Psychologist Role Vacancy (Part Time – 2.5 Days Per Week) Now Live

We are looking for a talented, enthusiastic, motivated and highly IT literate Senior Assistant Psychologist to work (part time) with the East of England Psychological Professions Network.

This interesting, dynamic and varied role offers a unique opportunity to support the psychological professions at a regional and national level, collaborating with PPN colleagues, experts by experience, members of the psychological professions, aspiring professionals, NHS England colleagues, training course providers and members of the public.

We welcome applicants from diverse backgrounds and follow recruitment practices intended to promote equality of access to our roles.

This post has become available as a consequence of the successful career progression to clinical training of our current postholder.

For further information, including how to apply, please click here: [Job Advert](#).

Unfortunately, for practical reasons, we may need to close the post early if we have a very high number of applicants.

The 10 Year Health Plan – What It Means for Psychological Healthcare

The government released its 10 Year Health Plan for England, "Fit for the Future" in early July 2025. This plan aims to make significant changes in healthcare over the next decade. It focuses on three main shifts:

1. **Hospital to Community:** Moving healthcare services and resources to local "neighbourhood teams" instead of hospitals to respond to longer term health conditions more effectively and efficiently.
2. **Analogue to Digital:** Using advanced digital technologies to improve treatment and reduce administrative tasks for staff.
3. **Sickness to Prevention:** Focusing on preventing health issues by reducing risks from factors such as smoking, drinking, and social deprivation.

To find out more, please read the new blog from Adrian Whittington, National Clinical Lead for psychological professions, NHS England:

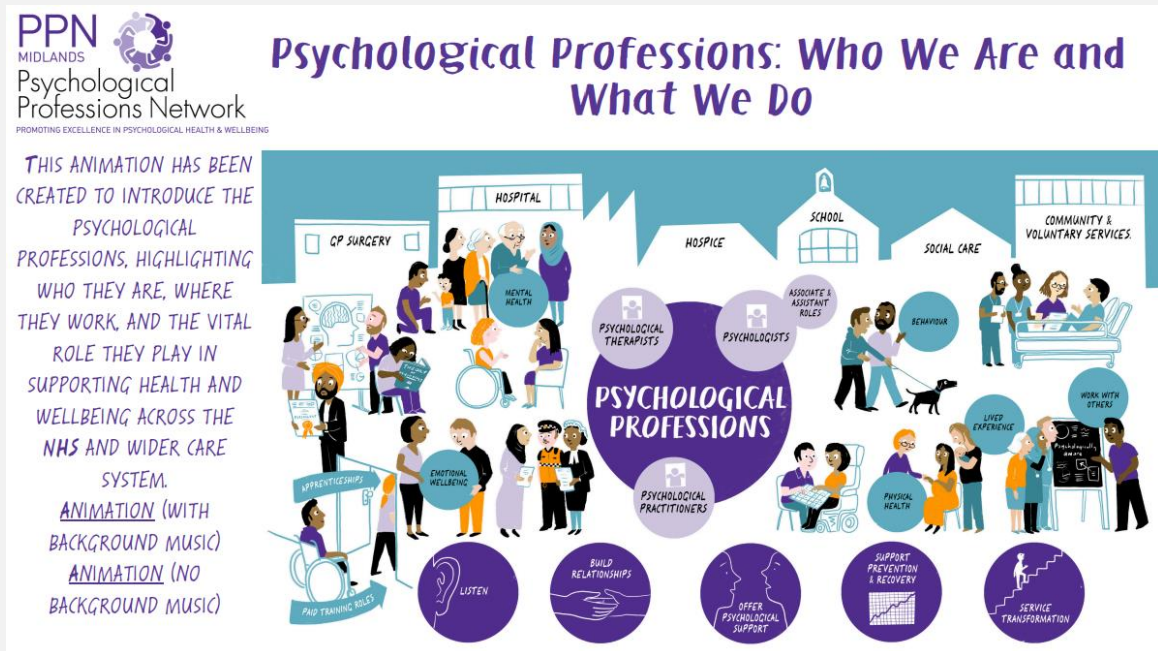
[The 10 Year Health Plan for England – What It Means for Psychological Healthcare](#).

For further information, please visit: [PPN - 10 Year Health Plan Three Shifts](#).

Psychological Professions: Who We Are and What We Do

The PPN Midlands team have created an engaging animation to introduce the psychological professions, highlighting who they are, where they work, and the vital role they play in supporting health and wellbeing across the NHS and wider care system.

To watch the short animation video, click on the image below or [here](#).



Enhancing Trauma-Informed Approaches in Mental Health Services

The London PPN team have created both a compelling film and a comprehensive booklet with practical prompts and guidance to help integrate trauma-informed principles into your daily practice.

This project was co-created by Living Experience Advisors in collaboration with the London Psychological Professions Network (PPN). Unlike traditional resources, our focus is on the power of personal stories to drive meaningful change in mental health services. Whether you're a professional, volunteer, or someone accessing support, our aim is to guide you toward a more trauma-informed approach.

For access to these resources, please sign up by clicking [PPN - Enhancing trauma-informed approaches in mental health services](#).

Please note, these resources may be triggering to some individuals due to the discussion of trauma and real-life experiences; individual discretion is advised.

Applying AI in Psychological Services: A Changing Landscape – Tuesday 16th September

Our colleagues at PPN SW are organising an event *Applying AI in psychological services: a changing landscape*. Taking place at 9:30 – 11am on Tuesday the 16th of September, the session will explore the capabilities of generative artificial intelligence, and how it can be used to support therapeutic interventions. More details of speakers and topics will be shared soon.

You can register to attend on Eventbrite [here](#).



What Even is Productivity in Healthcare?

With productivity regularly being cited, what does it mean for those delivering healthcare – thoughts offered by Dr Ryan Kemp in the following blog: <https://blogs.bmj.com/bmjleader/2025/04/03/what-even-is-productivity-in-healthcare-by-dr-ryan-kemp/>

Participation in Regional Research Projects

The University of East Anglia (UEA) would like to invite individuals to take part in research as part of their UEA Clinical Psychology Doctoral (DClinPsy) research projects. Both projects are hoping to recruit clinical psychologists and would appreciate any potential participants.

Hannah Baily's research into: *Clinical Psychology Workforce Sustainability: a Delphi survey and mini-focus groups looking into the conditions needed to return to working full-time within NHS commissioned.*

Hannah's opt-in form link - <https://forms.office.com/e/7TiGF78Gmb>

Tom Westwood's research investigating the: *Experiences of Working-Class Clinical Psychologists in the NHS Clinical Workforce and beyond.*

For more information, please do have a look at the adverts below and get in touch with either of the lead authors, their emails are included on the adverts. Please also feel free to share with other colleagues who you think would like to take part.

Are you a Clinical Psychologist working with both NHS patients and in private practice?

UEA
University of East Anglia

"Hi, I'm Hannah, and I am passionate about the sustainability of the Clinical Psychology workforce."

The study
I want to know what conditions you would want met in order to return to full-time working within NHS commissioned services, and do these conditions differ depending on what career stage you are at?

I am looking for UK HCPC registered Clinical Psychologists who work part-time in NHS commissioned services (including charities and private companies seeing NHS patients) and part-time in the private sector.

What does it involve?

1. A Delphi survey – which means completing an anonymous 15-minute survey for 2-3 rounds until a consensus on the conditions needed to return to full time working in the NHS is reached (70–80% agreement rate between participants).
2. An optional focus group- 1-hour via Microsoft Teams to learn more about the conditions required. A £10 Amazon voucher will be given to each participant as a thank you for taking part in the focus group.

If you would like to take part, then please either follow the link <https://forms.office.com/e/7TiGF78Gmb> or scan the QR code below.

If you have any questions about the study then please email myself as lead researcher and I'd be happy to answer your questions. hannah.baily@uea.ac.uk

If you know other Clinical Psychologists who qualify to take part, then please do share this study's details!

This study has been granted ethical approval by UEA FMH ethics [ETH2425-2471] V4. 04/07/2025.

V5.0, Date:03/07/2025,

Are you a clinical psychologist working in the NHS, private sector, or split between the two?

Do you also come from a working-class background?

We are conducting research to explore people's experiences from working-class backgrounds and how it has shaped their personal journey in this profession. We are hoping to hear from people working in the NHS, those working full time privately and those working a split role between the NHS and private sector.

We will be looking to recruit people to take part in interviews via MS Teams and these will take from 60-90 minutes.

In this profession, there is a spread of people from different backgrounds. Our journeys may have shaped the way we are as professionals but also had an impact on our choices and experiences in the field.

If you would like to take part, please email me to hear more about it.

Lead Researcher: Tom Westwood

Email: T.westwood@uea.ac.uk

This study has been granted ethical approval by UEA FMH ethics (ETH2425-2463)



Keep UpToDate with the East of England PPN

Want to find out more about upcoming East of England PPN events, Communities of Practice, and other resources? Check out our [East of England PPN News page](#) for the latest updates.

Interested in Joining the PPN Network?

Anyone can join the Psychological Professions Network! Whether you are a member of one of the psychological professions, another professional of any discipline, an aspiring psychological professional, or a member of the public, you can click [here](#) to sign up and join us for free.

Any information shared by the PPN regarding third-party events or CPD opportunities is solely for informational purposes, and individuals are encouraged to exercise discretion and diligence in assessing the suitability and quality of such offerings. The PPN does not accept responsibility for any third-party events, trainings or CPD opportunities that are shared by the PPN in communications. The PPN does not oversee the management of the content or delivery of the training. Please contact the organisers directly with feedback, concerns, or complaints.

With best wishes,

East of England PPN Team



Contact us: **LinkedIn:** [Psychological Professions Network East of England](#) |

LinkedIn | **website:** <https://www.ppn.nhs.uk/east-of-england> | **email:**

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