

# North West IAPT Leadership & Innovation Forum Event

## ‘Black, Asian, Minority Ethnic and Refugee (BAMER) Communities: Hard to Reach Groups or Hard to Reach Services?’

2<sup>nd</sup> October 2019 at [King’s House Conference Centre](#)

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| 09:15 - 09:45 | <b>Arrival, Registration &amp; Refreshments</b>   |
| 09:45 - 10:00 | <b>Welcome and Opening Remarks</b><br>Dr Paul Campbell, <i>Chair of the North West IAPT Leadership &amp; Innovation Forum</i>   |
| 10:00 - 10:30 | <b>Health Education England IAPT Update</b><br>Laura Dunaway, <i>Mental Health Project Manager, North West, Health Education England</i>  |
| 10:30 - 11:00 | <b>Keynote: Opportunities and challenges facings BAME and faith communities in mental health</b><br>Maqsood Ahmad, <i>Chief Executive Officer, British Muslim Heritage Centre</i>   |
| 11:00 - 11:30 | <b>Refreshments &amp; Networking</b><br>Optional poster presentations:<br>1.) Temmi Roberts, <i>'Improving Access to Psychological Therapies'</i><br>2.) Jessica Palmer & Charlotte Harding, <i>'Think Wellbeing Wigan, a pathway to success; the development of CBT based courses'</i><br>3.) Anne-Marie Lapsley, <i>'Working in a new way? Introducing Mental Health Practitioners into an IAPT service: Preliminary reflections'</i> |
| 11:30 – 12:15 | <b>The role of the Independent &amp; Voluntary Sector in working with people from BAMER communities</b><br>Alex Habens, <i>BABCP Accredited CBT Therapist &amp; Service Manager (Counselling and Therapy), 42<sup>nd</sup> Street</i> , Reece Williams <i>Young Black Men's Engagement Worker (Film 42 Project), 42<sup>nd</sup> Street</i> & Karina Nyananyo, <i>Service Manager (Youth Work), 42<sup>nd</sup> Street</i>              |
| 12:15 - 13:00 | To be confirmed   |

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| <b>13:00 - 13:45</b> | <p><b>Lunch &amp; Networking</b></p> <p><b>13:30 – 13:45:</b></p> <p>Optional poster presentations:</p> <ol style="list-style-type: none"> <li>1.) Temmi Roberts, <i>'Improving Access to Psychological Therapies'</i></li> <li>2.) Jessica Palmer &amp; Charlotte Harding, <i>'Think Wellbeing Wigan, a pathway to success; the development of CBT based courses'</i></li> <li>3.) Anne-Marie Lapsley, <i>'Working in a new way? Introducing Mental Health Practitioners into an IAPT service: Preliminary reflections'</i></li> </ol> |
| <b>13:45 – 14:15</b> | <p><b>Assistant Practitioners (APs) for IAPT – Widening Access Within the Workforce</b></p> <p>Kay Helliwell, <i>Project Team Manager - Assistant Practitioners for Mental Health, Health Education England North</i></p>   |
| <b>14:15 – 15:00</b> | <p><b>IAPT (2019) BAME Positive Practice Guide</b></p> <p>Michelle Brooks, <i>Co-Author &amp; Lecturer at the University of Derby</i></p>   |
| <b>15:05 - 15:15</b> | <p><b>Comfort Break &amp; Networking</b></p>  |
| <b>15:15– 16:00</b>  | <p><b>Round Table Discussion: Putting the BAME Positive Practice Guide into Practice</b></p> <p>Facilitated by Michelle Brooks, <i>Lecturer at the University of Derby &amp; Clare Baguley, Programme Manager &amp; Clinical Advisor, North West Psychological Professions Network &amp; Dr Paul Campbell, Chair of the North West IAPT Leadership &amp; Innovation Forum</i></p>   |
| <b>16:00- 16:15</b>  | <p><b>Closing Remarks</b></p> <p>Dr Paul Campbell, <i>Chair of the North West IAPT Leadership &amp; Innovation Forum</i></p>  |