



SEPTEMBER 2022 LONDON PPN BOOSTER NEWSLETTER

Welcome to the September edition of our newsletter, which was briefly delayed due to the period of mourning for her Royal Highness, Queen Elizabeth II. We value and appreciate her acknowledgement of the work of the NHS in London, particularly during the height of the pandemic. The photograph below captures her commendation of NHS staff whose contributions made such a difference to public health. Thereafter, an update on the work of the psychological professions in the capital.



HRH Queen Elizabeth II photographed with representative NHS colleagues in July 2022, when she awarded the NHS the St George's cross

Psychological Professions Initiatives 2022-23 from National Health Education England

Thank you to all the Chief Psychological Professions Officers within the NHS services who coordinated the following bids, which seek to improve and widen access to psychological healthcare, during August:

- Paid opportunities for disadvantaged aspiring Clinical Psychologists to gain clinical experience
- Mentoring opportunities for Aspiring Clinical Psychologists from ethnic minorities

The bids were received and reviewed and announcements of funding will be made shortly.

If you have any questions please contact: Matthew Oates via mentalhealth@hee.nhs.uk.

Other initiatives supporting the delivery of the NHS Long Term Plan (LTP) and the Psychological Professions Workforce Plan for England include:

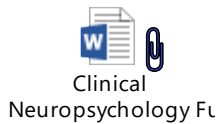
- Pre-Clinical Training (Child and Adolescent Psychotherapy) - funding to support the delivery of bursary schemes to improve the uptake of pre-clinical CAPT training by financially disadvantaged applicants and in regions under-supplied with CAPT posts.
- Psychological Profession Networks Regional Leadership - continued funding for the PPN Chair role(s) and new funding for Programme Management, shortly to be out for advert for the London Region (watch this space)
- Family and Systemic Psychotherapy Training – run-through funding for courses started in 2021
- CBT Top-up programme to support Clinical Psychologists seeking to gain BABCP accreditation - funding to HEIs delivering Clinical Psychology training to enable 200 clinical psychologists to gain BABCP accreditation

Clinical Neuropsychology Training –upskilling of HCPC registered practitioner psychologists in neuropsychology is currently being scoped in the PPN regions.

Health Education England Clinical Neuropsychology Funding 2022/23

HEE have shared the funding offer for Clinical Neuropsychology for 2022/23. The funding for this offer will be transferred to regions in September 2022.

More information can be found here: Please contact Estelle.Moore@westlondon.nhs.uk or Matthew Oates mentalhealth@hee.nhs.uk by the 30th September for further information about this scoping exercise:



Health Education England Demand scoping for 2023/24

- A scoping exercise for all courses funded by HEE to inform commissioning for the next two years will be launched shortly.
- HEE are conscious that many systems will not have concrete plans in place this early and are seeking indicative levels of demand which will be refined as part of the ongoing workforce planning cycle.
- For the psychological professions, demand scoping will be managed by ICBs through the METIP process.

Inspiring new generations of Psychological Professions – Career Map Survey

The PPN are working on a series of animations for aspiring psychological professionals. We hope that these videos will inform and inspire others to join the professions, helping to grow and diversify the workforce.

The scripts for the videos are all drawn from the words of members of our different professions. So we need your contribution to continue making them! We would love to hear more about your journey into your profession, and to understand more about the ways that your work makes a difference to the people and communities you serve.

To share your passion for your work, and your advice for aspiring psychological professionals, please take a few moments to fill out the following short survey: <https://forms.office.com/r/3STsSmGP3F>.

PPN South East has developed a set of animations for PWP, Clinical Psychologists and CBT Therapists and you can access them [here](#). If you are from any of the other psychological professions, we look forward to hearing from you soon!

Other regional news

Crisis Tools - Young Men and Violence

Health Education England has worked with Healthy Teen Minds in partnership with 42nd Street, working with young people with lived experience, to launch an extension of Crisis Tools focused on Young Black Men.

The 4 Crisis Tools Guides Supporting Young Black Men can be accessed below:

1. [Barriers to access](#)
2. [What we need crisis services and practitioners to know](#)
3. [Understanding our perspective](#)
4. [Top tips from young Black men](#)

When engaging with young people to develop the core Crisis Tools, we identified that staff need greater awareness of how best to support young Black men accessing mental health services. These Crisis Tools provide guidance on how to best support young Black men and will help you to listen to and understand their perspectives.

The Crisis Tools are aimed at mental health crisis team members who want to develop their confidence, knowledge and skills. The guides will also be relevant to anyone who may find themselves supporting young people in mental health crisis in a range of settings, including:

- Health and care professionals – mental health, acute, primary care and specialist services
- Youth workers and volunteers
- Educational staff
- Emergency response workers
- Families and carers

PPN London is supporting the London Safety in Mental Health Settings Project Community of Practice

The FutureNHS workspace continues to grow and develop. There are currently 130 members, with a wide range of resources available there. New members are welcome to join and take part in posting conversations, asking questions and sharing learning. There will be plans for a future Community of Practice event to share project learning and the results of the evaluation. For more information on the Community of Practice please go to, or register at our project work space [here](#).

Upcoming Acute Hospitals in London Community of Practice (CoP)

With the work of the psychological professions in physical health care, a number of highly skilled colleagues working in small departments and our four major trauma centres located in London, the PPN has been keen to maximise the impact of the psychological professions and to support leaders of services in this area.

A group of senior leaders met in August to plan the foundation for a community of practice to provide a space for shared learning and information exchange in the speciality field of health psychology. We will announce the launch of the CoP in the next newsletter.

If you would like further information please contact Julio.Petalio@westlondon.nhs.uk

The Conversation Series: Trauma-Informed Care Event

PPN London hosted a webinar dialogue event supported by lived experience partners in August 2022. Thank you to everyone who joined the conversation about aspects of trauma informed care that we can seek to embolden through listening to expert by experience feedback. We are working towards co-producing a paper to summarise some of our ongoing learning about trauma-informed care. We are summarising all the contributions in preparation for the next conversation – to be advertised in the next bulletin.

UP & COMING events: Psychological Professions Week 2022

After the success of the inspiring talks shared during Psychological Professions Week last year, the PPN plan to deliver another week-long event (**14-18 November 2022**). It's an opportunity to showcase national and regional innovation, as well as inform next steps for psychological healthcare in England. The great news is that the national conference is virtual and completely free. This year, there will be six national workshops on the Tuesday - Thursday of the week, alongside regional events. Watch this Space! London PPN is co-producing a workshop on the involvement of Experts by Experience in healthcare.

