



Welcome to the PPN North East and Yorkshire newsletter!

Our hope is to join up psychological professionals, associated stakeholders and experts by experience across the North East and Yorkshire. Please see the information below

Who are we?

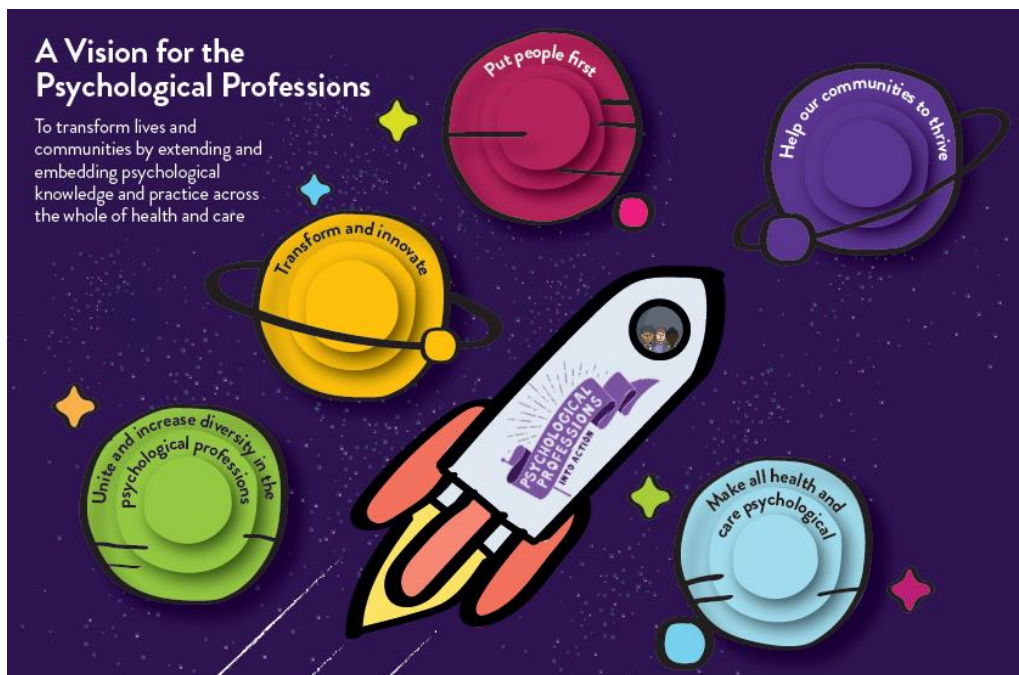
We are the most recently formed regional network with a focus on maximising the benefits of the psychological professions to the public. We represent 4 Integrated Care Systems (ICS's) including Humber and North Yorkshire, North East and North Cumbria, South Yorkshire and Bassetlaw, and West Yorkshire. We exist to maximise the impact of the psychological professions for the public, creating a joined-up voice so that these disciplines can inform, enable and influence health and care.

We would love to hear from you about the content you'd like to see featured, which could also include submissions from yourselves, the psychological professions' community. So please do contact us using the information at the end of this newsletter.

What do we do?

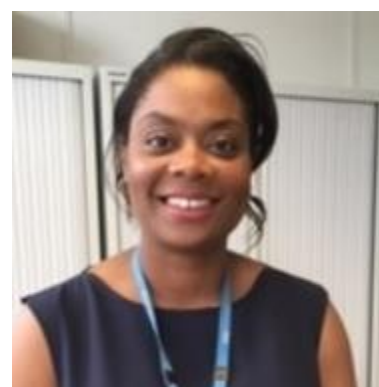
- Engage and connect all psychological professionals so that we can have a stronger voice together.
- Advise policy-makers, workforce planners and commissioners.
- Support the safe and effective expansion of the existing and new psychological professions.

Our vision is centred around the five commitments which serve as key pillars in the delivery of our work. [Watch our video for more information](#) or [visit our website](#).



Say hello to your chair...

Hello, my name is Sharon, and I am proud to be the current Chair of the PPN for the North East & Yorkshire. I am a Consultant Clinical Psychologist and have worked in the NHS for over 30 years; starting my career in London and ending up here in Yorkshire about 15 years ago. I am really excited about the PPN Vision and the ambition for all the Psychological Professions. There is a lot of great work already happening within the region, with the potential for further innovation, growth and development. We are as they say, 'Better together'.



[Click here](#) to find more about your chair and the other members of the steering group.

Updates

Membership Numbers

- We have seen a steady growth in our membership figures which we hope will continue throughout 2022.

PT-SMHP Regional Supervision Scoping Exercise

- Psychological therapies for people with severe mental health problems ([PT-SMHP](#)) are a key part of the new integrated offer for adults, as set out in the NHS Long Term Plan. Severe Mental Health problems include psychosis, bipolar disorder, 'personality disorder' and eating disorders which often occur alongside mood difficulties.

- The NE&Y PPN have received funding from Health Education England (HEE) to map and understand the clinical supervision capacity within the region. The purpose of this project is to support the delivery of governed psychological therapies for those suffering with severe mental illness (PT-SMHP), by ensuring that therapists have access to timely and good quality supervision.

IAPT High-Intensity Psychotherapeutic Counselling Training Places

- HEE have commissioned a three-year salaried and funded training pathway for 60 trainee psychotherapeutic counsellors to work in the NHS Improving Access to Psychological Therapies (IAPT) services for adults with depression. Two of the 60 places have been awarded to the NE&Y region and will be offered by the Sunderland Counselling Service. Please [click here](#) for more information.

How you can get involved...

Anti-Racism Community of Practice (CoP)

We are currently in the process of setting up an Anti-Racism CoP within the region. The community of practice aims to increase the recognition and awareness of differential access, treatment, outcomes, and experiences across mental health services for minoritized groups within health and social care, whilst supporting the expansion of culturally and ethnically diverse psychological professions within the region.

The CoP are looking for a secretary to support their activity. Please click [here](#) for more information. An inaugural meeting is taking place on 4th July 14:00-16:00 – please see [our flyer](#) for more information.

Share your news!

Please email the PPN-NE&Y team at ppn-ney.lypft@nhs.net if you have an update from your work or local network that aligns with our vision and that you would like featured in one of our upcoming newsletters. Alternatively, follow us on Twitter [@NEandY_PPN](#) for more regular updates and tag us when tweeting about your work. We want to profile events and developments from around our region, so let us know what's going on where you are.

Interested in joining the PPN?

Anyone can join the Psychological Professions Network – aspiring and qualified psychological professions; members of the public; other health and social care staff; commissioners, and policy makers. Please use this [link](#) to sign up and join us for free, and share this newsletter more widely.
