

PPN NEY Spring Newsletter



Welcome to the **Spring 23 Edition** of the **PPN North East and Yorkshire Newsletter**.

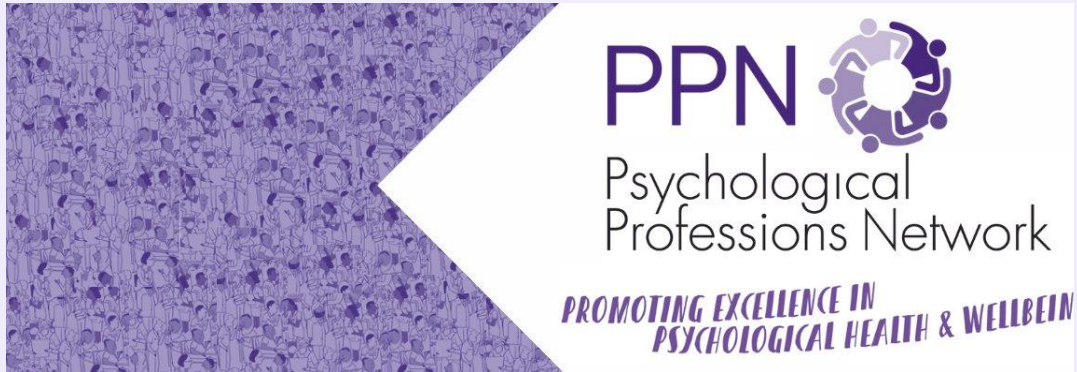
Our aim is to join up psychological professionals, associated stakeholders, and experts by experience across the North East and Yorkshire.

HEE merges with NHS England

Health Education England (HEE) has merged with NHS England. This means that NHS England has assumed responsibility for all activities previously undertaken by HEE. This includes planning, recruiting, educating and training the health workforce, ensuring that the healthcare workforce has the right numbers, skills, values and behaviours in place to support the delivery of excellent healthcare and health improvement to patients and the public.

[Read more about the merger here.](#)

PPN NEY are now on LinkedIn!



We are excited to announce that the PPN NEY are now on LinkedIn. This will be an additional platform to Twitter where you can stay up to date with things happening in the region and connect with other members across the region.

Why follow us on LinkedIn?

- Stay up to date with our regional and national PPN events
- Learn more about careers in the psychological professions and any related careers events
- Network with other PPN members in the region and be part of a supportive community of psychological professionals, experts by experience and aspiring psychological professionals.
- Hear about training and CPD opportunities in the region and beyond
- Stay up to date with policy changes and strategic efforts from the national psychological professions team

[Click here to go to our new LinkedIn page.](#)

From IAPT to NHS Talking Therapies for Anxiety and Depression



To continue raising awareness of mental health support and encouraging people to come forward for the mental health care they need, last week NHS England announced a new name for IAPT services: NHS Talking Therapies for anxiety and depression. This name was chosen following an extensive consultation process led by NHS England and Health Education England, in which patients, stakeholders and the public told us that this name resonated the most with them. Dr Adrian Whittington, National Clinical Lead for Psychological Professions at NHS England and Health Education England co-authored a blog about the rebrand.

[Read the blog here.](#)

Clinical Associates in Psychology (CAP) Training Receives National Award

The Group of Trainers in Clinical Associates in Psychology (GTiCA(A)P) were recently awarded the prestigious Best Educational Programme for the NHS at the Health Services Journal Partnership Awards. GTiCA(A)P was also Highly Commended for the Mental Health Partnership within the NHS award. This follows the CAP NHS Trailblazer group having won the Workforce Initiative of the Year HSJ Award 2022.

Congratulations to the CAPs Training Team!

[Read more about the awards here.](#)

Discussion Paper: Psychological Professions & Leadership in NHS Trusts

Following the publication of the NHS Improvement (2019) paper about extending the clinical leadership at NHS Trust Board level the Psychological Professions Network England has published a Discussion paper about the rationale and legal position with regard to members of the Psychological Professions taking up such roles in Mental Health Trusts.

The paper is intended to promote more widespread discussion amongst the psychological professions, and with leaders and managers within Trusts, and within national NHS bodies.

[Find a link to the paper here.](#)

Many thanks to Dr Phil Arthington for telling us about being a...

Family Systemic Therapist



Dr Phil Arthington
Clinical Psychologist & Systemic
Family Therapist
Leeds Perinatal Mental Health
Service



Professional Profile

What led you to train as a family therapist?

Like many family therapists, I grew up with personal experiences that led me to appreciate the influence that family relationships can have on mental wellbeing.

When I started working in adult mental health services as a clinical psychologist, I noticed how my individual therapy clients would often be talking about their close relationships and it seemed a missed opportunity that those important people were not taking part in our work.

Once the idea of relationships as central to being human crystallised, it became a natural step to undertake training in family therapy to allow me to work with couples, families and networks of relationships.

[Click here to read the interview in full.](#)

Have you heard of Multi-professional Approved Clinicians?

Health Education England

Approved Clinician Development Pilot Programme



In recognition of the benefits to patient choice and experience, clinical and professional career progression and national workforce challenges, including in psychiatry, Health Education England (HEE) commissioned a new role, Multi-professional approved clinician (MPAC). MPACs undergo additional training to their core profession (i.e. clinical psychology, social work, occupational therapy and nursing) in order to be approved clinicians to carry out assessments related to the Mental Health Act (1993).

The North East & Yorkshire currently have a pilot scheme for the MPAC role with the aim of increasing the numbers and range of professions as MPACs; improving awareness and communication of these opportunities; supporting system readiness to develop and implement the MPAC roles and evaluating the new role.

A recent event hosted jointly by pilot programmes in North East & Yorkshire and North West was well-attended by a range of stakeholders.

[Click here to read the HEE guidance on the new role.](#)

A blog from our chair...



Our PPN chair, Sharon Prince, recently wrote a Leadership Blog for the West Yorkshire Health and Care Partnership.

[Read Sharon's blog here.](#)

Changes to labelling for stages in BABCP Accreditation process



The terms 'Provisional' and 'Full' Accreditation has been removed from the BABCP website and documents. 'Provisional' Accreditation is now called Practitioner Accreditation and 'Full' Accreditation Audit has now changed to 'First' Accreditation Audit. This change is in response to feedback that the term 'Provisional' has sometimes been misunderstood to mean that the person is not fully qualified or accredited.

[Read more about the BABCP's accreditation process here.](#)

Exciting New Creative Health Associates Posts

The National Centre for Creative Health (NCCH) is delighted to announce the Creative Health Associates Programme. Funded by Arts Council England and delivered by NCCH, the Creative Health Associates programme will see seven Creative Health Associates, one in each of the seven NHS regions in England, working to embed creative approaches and activities in health and care systems across the country.

This programme will support the NCCH's ambition to foster the conditions for creative health to be integral to health and care and demonstrate the power of culture and creativity to benefit the lives of individuals and communities.

[Click here to find out more on NCCH's website.](#)

Welcoming our new Workforce Lead for South Yorkshire



Welcoming our new CYP Workforce Lead for West Yorkshire



Dr Rachel Bradley has been appointed as the South Yorkshire Workforce Lead for Psychological Professionals.

Rachel joined the NHS 25 years ago, qualifying as a Clinical Psychologist in 2004. Following this she worked in Derbyshire for 14 years, primarily with children who were in care or adopted, before joining Rotherham Doncaster and South Humber NHS Foundation Trust (RDaSH) in 2018 to lead the Psychological Therapies pathway in Rotherham CAMHS. Within RDaSH Rachel has also been leading on Trauma Informed Care in the Children's Care Group and is a staff Governor. Rachel is on the committee for the British Psychological Society: Division of Clinical Psychology - Faculty for Children, Young People and Families and the Advisory Group for the Child Outcomes Research Consortium (CORC) and is involved in producing and publishing research.

Welcome Rachel!

Kath Davies has been appointed as the West Yorkshire Childrens and Young People Workforce Lead for Psychological Professions.

Kath joined the NHS 34 years ago qualifying as a Clinical Psychologist in 1992. Following this she worked in London for 9 years across both paediatric and CAMHS services before moving north to join LCH in 2001. She worked in Leeds CAMHS for the next 14 years during which time she became the Lead for Child Clinical Psychology services and CAMHS Clinical Advisor. In 2015 Kath moved to work in York (TEWV), where she took up the role of CYP Clinical Director across North Yorkshire, moving to the role of Senior Clinical Director for CYP across the Trust, and latterly the role of Director of Therapies across TEWV before retiring from full time work at the end of 2022. Kath has has a specialist clinical interest in CYP with Eating Disorders having been a national trainer for the roll out of whole team CEDS training.

Welcome Kath!

SAVE THE DATE!

13th -
17th
November
2023

[Psychological Professions Week 2023](#) - Monday 13th - Friday 17th November 2023

Keep your eyes peeled for the official launch of Psychological professions week 2023 coming soon! In the meantime, make sure you save the date, 13th - 17th November 23.

How you can get involved...

Share your news!

We would love to hear updates from your work or local network that aligns with our vision that we could include in this newsletter. So please email the PPN-NE&Y team at ppn-ney.lypft@nhs.net with anything you think might be relevant.

Alternatively, follow us on Twitter @NEandY_PPN for more regular updates and tag us when tweeting about your work. We want to profile events and developments from around our region, so let us know what's going on where you are.

Interested in joining the PPN?

Anyone can join the Psychological Professions Network - aspiring and qualified psychological professions; members of the public; other health and social care staff; commissioners, and policy makers. Please use this link to sign up and join us for free and share this newsletter more widely.

[Click on the icons below to be taken to our LinkedIn and Twitter pages.](#)

