

PPN NEY Autumn Newsletter

Welcome to the **Autumn23** edition of
the **PPN North East and Yorkshire**
Newsletter

Our aim is to join up psychological professionals,
associated stakeholders, and experts by experience
across the North East and Yorkshire.

PPN
NORTH EAST
& YORKSHIRE



Psychological
Professions Network

PROMOTING EXCELLENCE IN PSYCHOLOGICAL HEALTH & WELLBEING

Psychological Professions Week 2023



Psychological Professions Week

13 – 17 November 2023

With Psychological Professions Week 2023 (PPWeek23) officially complete, we would like to thank everyone who took part this year and reflect on the successes of all those involved.

This year, PPWeek23 featured sessions led by each regional Psychological Professions Network, and a national in person day in London with a focus on Psychological Practice in Physical Health. Psychological Professions Week is a brilliant opportunity to bring together psychological professionals, policy makers, and the public to connect and share their learning to maximise the benefit of the psychological professions to the communities they serve.

In the North East and Yorkshire region, 2 events were held. The initial session focused on the development of an Antiracism Community of Practice, Dr. Romana Farooq, Consultant Clinical Psychologist, Dr. Richard Thwaites, Consultant Clinical Psychologist and Yahya Delair, Psychological Wellbeing Practitioner, led the discussion with CoP members.

During the second event, Dr. Gail Harrison and Dr. Rachel Bradley, Consultant Clinical Psychologists, spoke about the new Psychological Professions' Workforce Leads' roles. Explaining how they work with NHSE colleagues supporting the growth and development of the psychological professions' workforce.

Also at PPWeek23, Dr. Adrian Whittington, National Clinical Lead; Dr. Margo Ononaiye, PPN SE Widening



Psychological Professions Network

**Equity, Diversity and Inclusion Position Statement
and Call to Action**

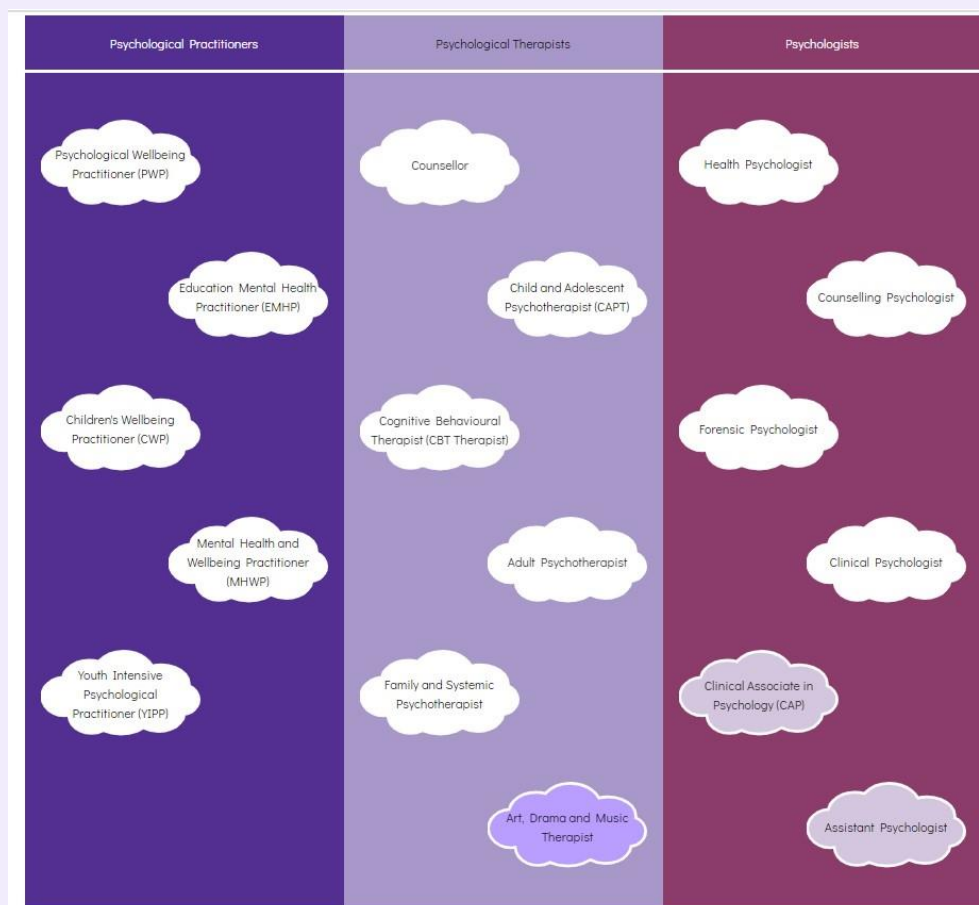
Participation Lead; Sharon Prince, Chair NEY PPN, with an Expert by Experience, co-facilitated the EDI session launching the PPN Position Statement on Equity, Diversity, and Inclusion and a Call to Action. After extensive consultation across the regional PPNs and with other stakeholders, including the national Lived Experience Advisory Panel, it has now been published and you can read it [here](#).

It represents our values, stance and commitment to progressing and meaningfully implementing Equity and Inclusion for the communities we serve, and will inform work across all PPN regions.

Recordings of live events will be available on the PPN website soon.

Career map for the Psychological Professions

The PPN has recently released a new interactive career map detailing the NHS Psychological Professions. Each career path is expanded on in detail, highlighting what the role entails and the training programs necessary to achieve them.



To find out what careers are open to you, learn more [here](#)

NICE Draft New Guidance on Harmful Gambling

NICE has highlighted the elevated risk of harm from gambling to individuals presenting with conditions such as depression, anxiety, self-harm/ suicide ideation, or potential addiction (such as alcohol or drug misuse). New guidance aims to enhance the ways in which healthcare professionals identify, assess and manage harmful gambling.

[Read the NICE Guidelines here](#)

Upcoming Groups + Communities of Practice

- **North East and Yorkshire Psychological Practitioner Community of Practice (NE&Y PP CoP).** We welcome all psychological practitioners including those in training, qualified, leadership and supervisory roles. We are committed to providing a united voice for all our psychological practitioners and aim to be a catalyst for change, by creating a safe and supportive space where we can share good practice, develop new ideas and support one another. The NE&Y PP CoP seeks to increase practitioner led research whilst adding to and supporting the evidence base for our unique and important roles. With our focus being on
-
-

the professions rather than the practice we aim to influence, enable, and inform the future of the psychological professional roles. The NE&Y PP CoP meets quarterly, and meetings are generally held online. If you are interested in joining the NEY PP CoP, please contact:

paul.thompson@tees.ac.uk

- **West Yorkshire Association of Acute Trusts (WYAAT) Psychology Services Collaborative** meet 6-weekly to review psychology professional issues related to physical health; we are open to sharing more about our services and the role we play. To join or for more information, please contact any of the Heads of Service, operating within the integrated care system (ICS)
 - **Special Interest Groups** are being formed across the WYAAT patch following recruitment to specialist neonatal psychology posts, following the Ockenden Review of maternity services. To join or for more information please contact: d.frizelle@nhs.net
-
-

Synergi-Leeds Partnership Award Winners!



Colleagues nationwide gathered on June 8, 2023, for the annual Health Service Journal (HSJ) awards, recognizing exceptional contributions to healthcare throughout the country.

The Synergi Leeds Partnership secured a notable victory, claiming the Mental Health Innovation of the Year award for their inspirational program of work and was also a Finalist in the Race Equality Award category. The Synergi Leeds Partnership is dedicated to tackling ethnic inequalities in mental health, taking a whole systems, life course approach and is led by Sharon Prince, Consultant Clinical & Forensic Psychologist.

Congratulations to the Synergi Leeds Partnership for their well-deserved recognition!

Many thanks to Harriet Wilson for
telling us about being a...



Trainee Mental
Health Wellbeing
Practitioner

Professional Profile

What is your main role as a trainee mental health wellbeing practitioner working in mental health services?

I am currently a Trainee Mental Health Wellbeing Practitioner (TMHWP), and after a year of training I will qualify as a MHWP in a Community Treatment and Intervention team. As part of the NHS long term plan in community mental health care, the MHWP role was developed to support increased access to evidence-based psychological therapies. A qualified MHWP delivers a set of psychologically informed interventions aligned to cognitive-behavioural principles. These interventions address symptoms often experienced by people with severe mental health problems and include graded exposure work, behavioural activation (BA), sleep hygiene and working with emotions. Additionally, a MHWP works within the multi-disciplinary team to co-ordinate care and be involved in supportive collaborative decision making about care and treatment.

[Click here to read the interview in full](#)

How you can get involved...

Share your news!

We would love to hear updates from your work or local network that aligns with our vision that we could include in this newsletter. So please email the PPN-NE&Y team at ppn-ney.lypft@nhs.net with anything you think might be relevant.

Alternatively, follow us on Twitter @NEandY_PPN for more regular updates and tag us when tweeting about your work. We want to profile events and developments from around our region, so let us know what's going on where you are.

Interested in joining the PPN?

Anyone can join the Psychological Professions Network - aspiring and qualified psychological professions; members of the public; other health and social care staff; commissioners, and policy makers. Please use this link to sign up and join us for free and share this newsletter more widely.

Click on the icons below to be taken to our LinkedIn and Twitter pages.



[About us](#) [Privacy](#) [Terms & Conditions](#) [Unsubscribe](#)

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Aenean commodo ligula eget dolor. Aenean massa. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus.

© 2023 Psychological Professions Network
