



# Supervision and CPD Requirements for the Psychological Professions

March 2026, Version 1

## **The Psychological Professions Network**

A collaboration of regional networks sponsored by NHS England to give voice to all psychological professions in workforce planning and to promote excellence in practice

This document was last updated in March 2026

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# About the Psychological Professions Network

The Psychological Professions Network exists to maximise the benefits to the public of the psychological professions across NHS-commissioned healthcare in England. It consists of regional workforce networks that join up the three professional groupings of psychological professions: psychological practitioners, psychological therapists and psychologists (including associate and assistant roles). The Psychological Professions Network provides a joined-up voice for the psychological professions in policy-making and builds bridges between psychological professionals, the public and policy-makers.

## Contact us

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## Acknowledgements

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# Introduction

The importance of supervision in the safe delivery of psychological interventions and therapies by competent psychological professionals is well-recognised by professional bodies, regulators and educators (e.g. BPS, 2024; HCPC, 2024; NES, 2025). Lived experience partners also recognise the value and importance of supervision:

**‘Seeing how much supervision any psychological health professional receives is hugely reassuring for any service user, whichever type of psychological professional they see. It is good to know that in putting ourselves in people's hands they are, in turn, in good hands too.’** Joe, Lived Experience Partner

Guidance on requirements for supervision and supervisors is available from a range of different bodies relating to Psychological Professions. It is a legal requirement for Practitioner Psychologists and Art, Music and Drama Therapists to maintain registration with the Health and Care Professions Council (HCPC), there are several voluntary professional registers themselves accredited by the Professional Standards Authority (PSA), and many professional bodies also publish good practice guidelines. Many employers also have their own policies and requirements for specific service settings, often based upon or requiring adherence to the above (e.g. adherence to the national NHS Talking Therapies for anxiety and depression manual). NHS England’s forthcoming Guidance on NHS Registration Requirements for use of Psychological Professions Titles, will provide greater clarity than has existed previously on the expected accreditation for psychological professionals and therefore the professional standards, including supervision and continuing professional development (CPD) that they are expected to adhere to.

This document is a collation of the current supervision and CPD requirements for the psychological professions aligned to the forthcoming NHSE guidance on registration. It is intended to be a resource for providers of services employing psychological professionals, aiding workforce and job planning, and supporting consistent profession standards to ensure that users of services receive high quality and effective services. Chief Psychological Professions Officers (CPPOs) should lead and oversee the implementation of appropriate requirements for individual organisations, supported by regional Psychological Professions Networks.

Every effort has been made to try to ensure the accuracy of the information summarised in this document at the time of publication. However, requirements and guidance are updated, and changes do happen regularly. This document will be updated on an annual basis. Please see the PPN website for the most current version and for details of how to propose



updates. It is also recommended that the links provided to individual professional body websites are used to check the specific details summarised in this document.

The tables below summarise the supervision requirements for most of the roles within the Psychological Professions. They included details, where available, of the minimum levels of supervision required for trainees, qualified psychological professionals as well as the requirements to be a supervisor. Details of Continuing Professional Development are included along with the registration or professional body where available.

The roles are grouped by the taxonomy in the PPN career map – Psychological Practitioner, Psychological Therapist and Practitioner Psychologist.

Navigation within the document may be helped by using the hyperlinks in the contents table below.

## References

BPS (2024) Supervision guidance for psychologists

HCPC (2025) What is supervision? [What is supervision? | The HCPC](#) Accessed on 18.12.2025

NES (2024) Supervision of psychological therapies and interventions. [Supervision of psychological therapies and intervention | NHS Educ](#) Accessed on 18.12.2025

NHS England (2025) NHS Talking Therapies for anxiety and depression manual: [NHS England » NHS Talking Therapies for anxiety and depression manual](#)

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# Psychological Practitioners

Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Psychological Wellbeing Practitioner (PWP)</b>	<p>Case management supervision (individual 1 hour per week) Clinical skills supervision (minimum 1 hour per fortnight, group size less than 12)</p> <ul style="list-style-type: none"> <li><a href="#">NHS Talking Therapies Manual v7</a></li> </ul> <p><b>BPS</b></p> <ul style="list-style-type: none"> <li>Min. 1 hour per week case management supervision</li> <li>1 hour per fortnight clinical skills supervision (individual or group)</li> <li>Regular live assessments of practice per year</li> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul> <p><b>BABCP</b></p> <ul style="list-style-type: none"> <li>Min. 1 hour per week case management supervision</li> <li>1 hour per fortnight clinical skills supervision (individual or group)</li> </ul>	<p><b>BABCP</b></p> <ul style="list-style-type: none"> <li>PWP Supervisors (Case Management and Clinical Skills) should be competent and familiar with the delivery of PWP interventions and outcome measures as set out in the NHS Talking Therapies Manual</li> <li>Currently practicing and utilising CBT informed approaches</li> <li>Completed supervision training on an NHS Talking Therapies (previously known as IAPT) Supervision course</li> <li><a href="#">PWP Supervisor's Reports – BABCP</a></li> </ul> <p><b>BPS</b></p> <ul style="list-style-type: none"> <li>All PWP Clinical Skills Supervisors must have completed an NHS Talking Therapies (IAPT) supervisor</li> </ul>	<p><b>BPS</b></p> <ul style="list-style-type: none"> <li>5 CPD activities and reflective statements</li> <li>At least three of the five activities must directly relate to relevant CBT informed approaches or CBT principles relating to core aspects of clinical activity</li> <li>1 activity and reflection on clinical supervision received</li> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul> <p><b>BABCP</b></p> <ul style="list-style-type: none"> <li>5 learning and development activities, including:</li> <li>4 activities which refer directly to CBT-informed principles and approaches</li> <li>6 hours of CBT-informed skills development</li> </ul>	<p><b>PSA accredited registers</b></p> <p>British Psychological Society (BPS): Course accreditation &amp; Individual PSA accredited register</p> <ul style="list-style-type: none"> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> <li><a href="#">BPS &gt; Accredited Courses</a></li> </ul> <p>British Association for Behavioural and Cognitive Psychotherapies (BABCP): Individual PSA accredited register</p> <ul style="list-style-type: none"> <li><a href="#">PWP Registration (babcp.com)</a></li> </ul>	<ul style="list-style-type: none"> <li>40 hours total (20 hours case management &amp; 20 hours clinical skills)</li> <li>Minimum of 1 hour per fortnight of case management supervision</li> <li>Minimum of 1 hour per fortnight of clinical skills supervision</li> <li><a href="#">NHS Talking Therapies Manual v7</a></li> </ul>

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Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	<ul style="list-style-type: none"> <li>If delivered in group format it is advised that this should include a maximum of 12 supervisees.</li> <li><a href="#">PWP Supervisor's Reports – BABCP</a></li> </ul>	<ul style="list-style-type: none"> <li>specific training programme.</li> <li>All supervisors must have demonstrable knowledge and experience of delivering low-intensity interventions and be conversant with the service's CBT-based self-help and online materials and site protocols</li> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>CPD reflective statement for each activity</li> <li><a href="#">Maintaining Registration – BABCP</a></li> </ul>		



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Education Mental Health Practitioner (EMHP)</b>	<u>BPS &amp; BABCP</u> <ul style="list-style-type: none"> <li>• Min. 1 hour per fortnight of individual case management supervision</li> <li>• 1<sup>st</sup> 6 Months - Min. 1 hours per fortnight clinical skills supervision</li> <li>• After 6 months – Min. 1 hour per month clinical skills supervision</li> <li>• If group format – max. 4 supervisees, min. 30mins per supervisee</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> <li>• <a href="#">EMHP Supervisor's Reports – BABCP</a></li> </ul>	<ul style="list-style-type: none"> <li>• EMHP supervisors (Case Management and Clinical Skills) should be competent in Low Intensity Cognitive Behavioural Interventions and whole-school/college mental health approaches within educational settings.</li> <li>• They must be familiar with EMHP core interventions, outcome measures, and caseload management.</li> <li>• Supervisors must have experience in delivering and supervising mental health approaches in education settings and be actively practicing CBT-informed approaches.</li> <li>• They should have completed or be undertaking the CWP/EMHP Supervisor (PG Certificate or CPD) or Senior Wellbeing Practitioner G/PG Diploma training.</li> <li>• Or evidence eligibility to supervise via the</li> </ul>	<u>BPS</u> <ul style="list-style-type: none"> <li>• 5 CPD activities and reflective statements</li> <li>• Relevant approaches underpinned by CBT, social learning theory and whole school approaches</li> <li>• 1 activity and reflection on clinical supervision received</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul> <u>BABCP</u> <ul style="list-style-type: none"> <li>• 5 learning and development activities including:</li> <li>• 4 activities which refer directly to CBT-informed principles and approaches</li> <li>• 6 hours of CBT-informed skills development</li> <li>• CPD reflective statement for each activity</li> <li>• <a href="#">Maintaining registration – BABCP</a></li> </ul>	<b>PSA accredited registers</b> British Psychological Society (BPS): Course accreditation & Individual PSA accredited register <ul style="list-style-type: none"> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> <li>• <a href="#">BPS &gt; Accredited Courses</a></li> </ul> British Association for Behavioural and Cognitive Psychotherapies (BABCP): Individual PSA accredited register <ul style="list-style-type: none"> <li>• <a href="#">Educational Mental Health Practitioner (EMHP) Registration – BABCP</a></li> </ul>	<ul style="list-style-type: none"> <li>• 1 hour per week individual case management supervision – Total at least 20 hour</li> <li>• 2 hours per fortnight group clinical skills supervision with your service supervisor (group of 2-4 supervisees) – Total at least 20 hours</li> </ul> <u>EMHP Supervision Curriculum. (hee.nhs.uk)</u>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
		<p>Grandparenting or Competency appraisal routes</p> <ul style="list-style-type: none"><li>Supervisors should also have a minimum of two years' experience in Child and Young Person's Mental Health, including clinical, therapeutic, or consultative practice with CYP.</li><li><a href="#">EMHP Supervisor's Reports – BABCP</a></li><li><a href="#">Wider Psychological Workforce Register   BPS</a></li></ul>			



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Children's Wellbeing Practitioner (CWP)</b></p>	<p><u>BPS &amp; BABCP</u></p> <ul style="list-style-type: none"> <li>• Min. 1 hour per fortnight of individual case management supervision</li> <li>• 1<sup>st</sup> 6 Months - Min. 1 hours per fortnight clinical skills supervision</li> <li>• After 6 months – Min. 1 hour per month clinical skills supervision</li> <li>• If group format – max. 4 supervisees, min. 30mins per supervisee</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> <li>• <a href="#">CWP Supervisor's Reports – BABCP</a></li> </ul>	<ul style="list-style-type: none"> <li>• Experienced MH professionals/practitioners as evidenced by normally 2 or more years working therapeutically, clinically or consultatively within a CYP Educational or Mental Health Setting</li> <li>• Experience of delivering CBT is essential.</li> <li>• They should have completed or be undertaking the CWP/EMHP Supervisor (PG Certificate or CPD) or Senior Wellbeing Practitioner G/PG Diploma training.</li> <li>• Or evidence eligibility to supervise via the Grandparenting or Competency appraisal routes</li> <li>• <a href="#">CWP Supervisor's Reports – BABCP</a></li> </ul>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>• 5 CPD activities and reflective statements</li> <li>• Relevant approaches underpinned by CBT, social learning theory</li> <li>• 1 activity and reflection on clinical supervision received</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul> <p><u>BABCP</u></p> <ul style="list-style-type: none"> <li>• 5 learning and development activities, including:</li> <li>• 4 activities which refer directly to CBT-informed principles and approaches</li> <li>• 6 hours of CBT-informed skills development</li> <li>• CPD reflective statement for each activity</li> <li>• <a href="#">Maintaining Registration – BABCP</a></li> </ul>	<p><b>PSA accredited registers</b></p> <p>British Psychological Society (BPS): Course accreditation &amp; Individual PSA accredited register</p> <ul style="list-style-type: none"> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> <li>• <a href="#">BPS &gt; Accredited Courses</a></li> </ul> <p>British Association for Behavioural and Cognitive Psychotherapies (BABCP): Individual PSA accredited register</p> <ul style="list-style-type: none"> <li>• <a href="#">Children's Wellbeing Practitioner (CWP) Registration – BABCP</a></li> </ul>	<ul style="list-style-type: none"> <li>• 1 hour per week individual case management supervision – Total at least 20 hours</li> <li>• 2 hours per fortnight group clinical skills supervision with your service supervisor (group of 2-4 supervisees) – Total at least 20 hours</li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Mental Health &amp; Wellbeing Practitioner (MHWP)</b></p>	<ul style="list-style-type: none"> <li>Case Management Supervision: Minimum of 30 mins per week of individual caseload management supervision (CLSS)</li> <li>1 hour per fortnight of individual or group clinical skills supervision (CSS) Where clinical skills supervision is provided in groups these should be no larger than six persons per group for qualified staff (three per group for trainees)</li> <li><a href="#">National Curriculum for Mental Health and Wellbeing Practitioners - Specialist Adult Mental Health (1).docx (live.com)</a></li> <li>Supervision hours may be amended pro-rata for part time MHWPs but should never be less than fortnightly in frequency, and never amount to less than 30 minute sessions of supervision (30 minutes of CSS and 30 minutes of CLS)</li> </ul>	<ul style="list-style-type: none"> <li>The Clinical Skills Supervisor must be a qualified psychological professional with recognised registration in one of the following groups:               <ul style="list-style-type: none"> <li>Clinical psychologist</li> <li>Counselling psychologist</li> <li>Forensic psychologist</li> <li>Clinical associate in psychology (following at least two years of post qualification appropriate experience)</li> <li>Cognitive behavioural therapist</li> <li>Counsellor (SCoPEd B or C practitioner)</li> <li>Adult psychotherapists (SCoPEd C practitioner)</li> <li>Family and systemic psychotherapists</li> <li>Mental health and wellbeing practitioner (following at least two years of post qualification appropriate experience)</li> </ul> </li> <li>Clinical Skills Supervisors for qualified and trainee MHWPs should have</li> </ul>	<p><u>BPS:</u></p> <ul style="list-style-type: none"> <li>Five CPD activities and reflective statements</li> <li>One activity and reflection on the clinical supervision you received</li> <li>Should <u>not</u> be focused on delivery of psychological therapies</li> </ul> <p><a href="#">Wider Psychological Workforce Register   BPS</a></p> <p><u>BABCP:</u></p> <p>Each year, you must complete five learning and development activities, including:</p> <ul style="list-style-type: none"> <li>at least four activities which refer directly to CBT-informed principles and approaches</li> <li>a minimum of six hours of CBT-informed skills development</li> <li>a CPD Reflective Statement for each activity.</li> </ul> <p><a href="#">Maintaining Registration – BABCP</a></p>	<p><b>PSA accredited registers</b></p> <p>British Association of Behavioural and Cognitive Psychotherapy (BABCP): <a href="#">About Wellbeing Practitioner Registration</a></p> <p>British Psychological Society (BPS): <a href="https://www.bps.org.uk/wider-psychological-workforce">https://www.bps.org.uk/wider-psychological-workforce</a></p>	<ul style="list-style-type: none"> <li>Weekly individual case management supervision – Total at least 20 hours</li> <li>Fortnightly individual or group clinical skills supervision – Total at least 20 hours</li> </ul> <p><a href="#">National Curriculum for Mental Health and Wellbeing Practitioners - Specialist Adult Mental Health (1).docx (live.com)</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	<ul style="list-style-type: none"> <li>• <a href="#">MHWP-Registration-Requirements-25.9.25.pdf</a></li> </ul>	<p>training and experience working with adults with severe mental health problems</p> <ul style="list-style-type: none"> <li>• Clinical Skills Supervisors must have attended recognised MHWP supervision training, aligned to the UCL competence framework for supervision of psychological therapies.</li> <li>• The Caseload Supervisor can be any qualified Mental Health professional with training and experience working with adults with severe mental health problems. CaseloadSupervisors must evidence UCL Supervision competences (generic, specific and green and blue boxes) <a href="https://www.ucl.ac.uk/clinical-psychology/competency-maps/supervision.html">https://www.ucl.ac.uk/clinical-psychology/competency-maps/supervision.html</a></li> <li>• By 1st April 2026 all current CaseloadSupervisors in registration applications</li> </ul>			



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
		or re-registration applications should have attended recognised MHWP supervision training. <ul style="list-style-type: none"><li>• <a href="#">MHWP-Registration-Requirements-25.9.25.pdf</a></li></ul>			



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Youth Intensive Psychological Practitioner (YIPP)</b></p>	<ul style="list-style-type: none"> <li>• Monthly line management supervision</li> <li>• 1 hour per week individual case management supervision</li> <li>• 2 hours per fortnight group clinical skills supervision with your service supervisor (group of 2-4 supervisees)</li> <li>• HEE YIPP Training Curriculum <a href="#">C39965 Appendix A CYP MH Specification (5)[56].pdf</a></li> </ul>	<ul style="list-style-type: none"> <li>• Qualified practitioners will work under the supervision of a Clinical Psychologist and within a 'system of care' in a supporting role.</li> <li>• Based within the team that the YIPP trainee will be operating</li> <li>• Experience of delivering clinical supervision in their current or recent roles.</li> <li>• Extensive experience and expertise in working with children, young people and families who have experienced complex and or severe mental health difficulties</li> <li>• HEE YIPP Training Curriculum <a href="#">C39965 Appendix A CYP MH Specification (5)[56].pdf</a></li> </ul>	<p>No clear guidance available</p>	<p>No current registration scheme available</p>	<ul style="list-style-type: none"> <li>• Monthly line management supervision</li> <li>• 1 hour per week individual case management supervision – Total at least 20 hours</li> <li>• 2 hours per fortnight group clinical skills supervision with your service supervisor (group of 2-4 supervisees) – Total at least 20 hours</li> </ul> <p><a href="#">HEE YIPP Training Curriculum C39965 Appendix A CYP MH Specification (5)[56].pdf</a></p>



# Psychological Therapists

Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Adult Psychotherapist</b>  <b>AND</b>  <b>Counsellor</b>	<p><a href="https://www.acc-uk.org/wp-content/uploads/2023/11/Su">Association of Christians in Counselling (ACC)</a></p> <ul style="list-style-type: none"> <li>1.5 hours per month for ten months within each twelve month period</li> <li>For group supervision with 3 or 4 supervisees, each can claim half the time</li> <li>For group supervision in larger groups the total time is divided by the number of supervisees</li> </ul> <p><a href="https://www.acc-uk.org/wp-content/uploads/2023/11/Supervision-Guidelines.pdf">https://www.acc-uk.org/wp-content/uploads/2023/11/Supervision-Guidelines.pdf</a></p>	<p><b>ACC</b></p> <ul style="list-style-type: none"> <li>Supervisor must hold a professional membership of counselling or psychotherapy body and ideally accredited with a PSA register</li> <li>Supervisor must have 450 hours of practice / 650 for peer supervision</li> <li>Supervisor must have sufficient specialism in relevant area of practice to supervisee</li> <li>Supervisor is:               <ol style="list-style-type: none"> <li>Enrolled on training course to become a supervisor, OR</li> <li>Has completed training in supervision at certificate or diploma level, OR</li> <li>Is highly experienced with at least 3 years or 100</li> </ol> </li> </ul>	<p><b>ACC</b></p> <ul style="list-style-type: none"> <li>A minimum of 25 hours per annum for registered or overseas counsellors and accredited counsellors.</li> <li>A minimum of 30 hours per annum for senior accredited counsellors, and accredited supervisors and managers. For accredited supervisors the additional 5 hours must be related to the practice of supervision.</li> </ul> <p><a href="https://www.acc-uk.org/wp-content/uploads/2023/11/CPD-Guidelines.pdf">https://www.acc-uk.org/wp-content/uploads/2023/11/CPD-Guidelines.pdf</a></p>	<p>Please see the NHS England guidance on NHS registration requirements for use of psychological professions titles and particularly Annex A: NHS recognised registers for counsellors, psychotherapists and psychoanalysts, with alignment of registered titles to the SCoPEd framework.</p> <p><b>PSA accredited registers</b> The Partnership of Counselling and Psychotherapy Bodies (PCPB) is a collaboration of six organisations with Professional Standards Authority (PSA) accredited registers. <a href="https://www.pcpb.org.uk/">PCPB - Partnership of Counselling and Psychotherapy Bodies</a></p> <p>Together the PCPB has developed the shared Scope of Practice and Education (SCoPEd) framework <a href="https://www.scofed.org/">SCoPEd</a></p>	<p><b>ACC</b></p> <p>Student members require 1.5 hours of supervision per month based on 10 months within each 12 month period</p>

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		<p>hours of supervision practice, OR</p> <p>d) Has a depth of practice experience agreed by exception by ACC as meeting criteria</p>		<a href="#">Framework January 2022 (amended 2025)</a>	
	<p><a href="#">British Association for Counselling and Psychotherapy (BACP)</a></p> <ul style="list-style-type: none"> <li>1.5 hours per month</li> <li>Can be a mix of one to one, peer, telephone and online, as all these count for accreditation</li> <li><a href="#">Supervision (bacp.co.uk)</a></li> </ul>	<p>BACP</p> <ul style="list-style-type: none"> <li>Your supervisor should be sufficiently experienced in counselling and psychotherapy, or a closely related field, and ideally have some training and qualifications in supervision</li> </ul>	<p>BACP</p> <ul style="list-style-type: none"> <li><a href="#">Min. 30 hours per year</a></li> <li><a href="#">BACP Register   Guide to CPD</a></li> </ul>		<p>BACP</p> <p>1.5 hours per month</p> <p>Ratio of 8 hours counselling to 1 hour supervision, with supervision every two weeks.</p> <p><a href="#">Supervision (bacp.co.uk)</a></p>
	<p><a href="#">British Psychoanalytic Council (BPC)</a></p> <ul style="list-style-type: none"> <li>15 hours per year, which can be made up of individual and group supervision, clinical consultation and peer group consultation</li> <li>Recently qualified registrants are advised to continue more regular supervision (weekly or fortnightly) and</li> </ul>	<p>BPC</p> <ul style="list-style-type: none"> <li>In most cases the supervisor would be a BPC Registrant. If not they must have a sufficiently rigorous psychoanalytic or psychodynamic training and be regulated at an appropriate level with another body. For example, accredited members of BACP.</li> </ul>	<p>BPC</p> <ul style="list-style-type: none"> <li>15 hours of general CPD in addition to clinical supervision and consultation</li> </ul> <p><a href="#">Continuing Professional Development (CPD) - British Psychoanalytic Council</a></p>		<p>BPC</p> <p>Ratio of 1 hour supervision for every 3 client or patient hours</p> <p><a href="#">SCoPEd Framework January 2022 (amended 2025)</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	<p>not to have only group supervision</p> <ul style="list-style-type: none"> <li>Additional supervision may be required for specialist areas of work</li> </ul> <p><a href="#">Continuing Professional Development (CPD) - British Psychoanalytic Council</a></p>	<ul style="list-style-type: none"> <li>Supervisors must have the appropriate training and experience with the patients and intensity of the supervisee's practice</li> </ul>			
	<p><a href="#">Human Givens Institute (HGI)</a></p> <ul style="list-style-type: none"> <li>New registered members require 1 hour supervision per 15 hours of therapy for first 150 hours</li> <li>After 150 hours the frequency of supervision should be agreed with supervisor</li> </ul> <p>Supervision Policy   <a href="http://www.hgi.org.uk">www.hgi.org.uk</a></p>	<p><b>HGI</b></p> <ul style="list-style-type: none"> <li>Accredited HGI supervisor</li> </ul> <p>An HGI-accredited HG supervisor is a registered HG practitioner who has successfully completed the Human Givens College's HG supervision training and is registered with the HGI, and listed on register of accredited HG supervisors.</p>	<p><b>HGI</b></p> <ul style="list-style-type: none"> <li>20 hours CPD activity per year</li> </ul> <p><a href="#">CPD Requirement   www.hgi.org.uk</a></p>		<p><b>HGI</b></p> <p>Ratio of at least 1 hour of supervision to every 8 hours of therapy work undertaken with clients</p>
	<p><a href="#">National Counselling and Psychotherapy Society (NCPS)</a></p> <ul style="list-style-type: none"> <li>1.5 hours monthly for full time practice</li> </ul>	<p><b>NCPS</b></p> <ul style="list-style-type: none"> <li>Supervisor does not need to be on register but does need to:</li> </ul>	<p><b>NCPS</b></p> <ul style="list-style-type: none"> <li>30 hours annually</li> <li>Qualifications can only count up to 50% of this</li> </ul>		<p><b>NCPS</b></p> <p>1.5 hours per month</p> <p><a href="#">SCoPEd Framework January 2022 (amended 2025)</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	<a href="#">NCPS   The Importance of Supervision</a>	<ul style="list-style-type: none"> <li>have undertaken supervisor training with a summative assessment that includes 20 hours supervised supervision practice with at least 2 supervisees and live face to face/synchronous teaching</li> <li>be at least 2 years post qualification</li> <li>have at least 450 supervised client hours</li> <li>hold insurance that covers supervision practice</li> </ul>	<ul style="list-style-type: none"> <li>Supervision (individual, peer, group) does not count towards CPD</li> </ul>		
	<a href="#">UK Council for Psychotherapy (UKCP)</a> <ul style="list-style-type: none"> <li>3 years following registration: 1.5 hours per month consultation, 1 hour per month individual supervision</li> <li>After 3 years registration: 12 hours per year consultation</li> <li><a href="#">Introduction (psychotherapy.org.uk)</a></li> <li>Group supervision is acceptable for some</li> </ul>	<b>UKCP</b> <ul style="list-style-type: none"> <li>Supervisor training requirements varies between different colleges within UKCP</li> <li>See UKCP website for further details</li> <li>Completion of training that meets the requirements of the particular college</li> <li><a href="#">Supervision   UKCP</a></li> </ul>	<b>UKCP</b> <ul style="list-style-type: none"> <li>Minimum 20 hours annually</li> <li>250 hours across 5 years for UKCP members</li> <li>Including: webinars, online training sessions, remote-meeting networking, remote peer meetings, remote committee work, online courses and extensive reading</li> </ul>		<b>UKCP</b> <p>Final 2 years Training: 40 hours supervised practice (30 hours live-supervised)</p> <p><a href="#">Introduction (psychotherapy.org.uk)</a></p> <p>For some of the Colleges within UCKP, there may be additional requirements for personal therapy</p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	colleges but requires the meeting of specific criteria		<ul style="list-style-type: none"><li>• For colleges, a specific proportion of course content is required in the particular area of practice/specialty</li><li>• <a href="#">ukcp-cpd-policy.pdf (psychotherapy.org.uk)</a></li></ul>		



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Art Therapist</b></p>	<ul style="list-style-type: none"> <li>• BAAT recommends: an hour a fortnight for art therapists working between 3 and 5 days per week. An hour per month for art therapists working between 1 and 2 days per week.</li> <li>• Supervision time may be increased if supervising groups or a large caseload and regularly reviewed by supervisee and supervisor</li> </ul>	<ul style="list-style-type: none"> <li>• The art therapist, wherever possible should be supervised by an experienced art therapist, preferably a BAAT accredited supervisor (indicated with (s) on BAAT site)</li> <li>• BAAT recognises that it is not always possible for some Art Therapists to have access to a supervisor who is (s)registered and trained and they may therefore seek supervision from an experienced and noted supervisor with training and experience compatible with the approach that will be appropriate for the client group and has undergone supervision themselves as part of their training.</li> </ul>	<ul style="list-style-type: none"> <li>• Compliance with HCPC registration requirements <a href="#">Our CPD requirements   The HCPC</a></li> <li>• The HCPC does not set a number of hours of CPD as a requirement for registration but requires registrants to identify their own CPD needs and conducts audits of CPD records</li> </ul>	<p><b>Statutory regulation</b> Health Care and Professions Council <a href="#">Arts therapists   The HCPC</a></p> <p><b>Professional guidance</b> British Association of Art Therapists (BAAT) <a href="#">The British Association of Art Therapists   BAAT</a></p>	<ul style="list-style-type: none"> <li>• Fortnightly supervision is recommended as a minimum by BAAT during training</li> <li>• <a href="#">baat-curriculum-guidance-2025.pdf</a></li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Drama Therapist</b>	<ul style="list-style-type: none"> <li>The British Association of Drama Therapists (BADth) recommends that drama therapists should receive clinical supervision at a frequency appropriate to their situation, and at no less than 1.5 hours per month of individual supervision or group equivalent;</li> </ul>	<ul style="list-style-type: none"> <li>BADth recommends supervision from a drama therapist who is experienced in the same area of clinical work, and in providing supervision, particularly for newly qualified therapists</li> <li>Where the above is not possible supervision can be from a member of another profession with skills, experience and training in therapeutic work and supervision</li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements <a href="#">Our CPD requirements   The HCPC</a></li> <li>The HCPC does not set a number of hours of CPD as a requirement for registration but requires registrants to identify their own CPD needs and conducts audits of CPD records</li> </ul>	<p><b>Statutory regulation</b> Health Care and Professions Council</p> <p><b>Professional Guidance</b> British Association of Drama Therapists (BADth) <a href="#">BADth :: Home</a></p>	<ul style="list-style-type: none"> <li>Students should receive weekly supervision for every two days of clinical practice. This may include individual and/or group supervision</li> <li><a href="#">BADth :: Becoming a Dramatherapist</a></li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Music Therapist</b></p>	<ul style="list-style-type: none"> <li>The British Association for Music Therapy (BAMT) recommends that music therapists should receive clinical supervision at a frequency appropriate to their situation, and at no less than one hour per month of individual supervision or group equivalent;</li> </ul>	<ul style="list-style-type: none"> <li>BAMT recommends supervision from a music therapist who is experienced in the same area of clinical work and in providing supervision, particularly for newly qualified therapists.</li> <li>Where the above is not possible supervision can be from a member of another profession with skills, experience and training in therapeutic work and supervision</li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements <a href="#">Our CPD requirements   The HCPC</a></li> <li>The HCPC does not set a number of hours of CPD as a requirement for registration but requires registrants to identify their own CPD needs and conducts audits of CPD records</li> </ul>	<p><b>Statutory regulation</b> Health Care and Professions Council</p> <p><b>Professional guidance</b> BAMT</p> <ul style="list-style-type: none"> <li><a href="http://www.bamt.org">British Association for Music Therapy :: Home (bamt.org)</a></li> </ul>	<ul style="list-style-type: none"> <li>BAMT recommends weekly clinical supervision for students on placement</li> <li><a href="https://www.bamt.org/content/104005/Live/document/BAMTMusicTherapycurriculumguidancefinal-July2025.pdf">https://www.bamt.org/content/104005/Live/document/BAMTMusicTherapycurriculumguidancefinal-July2025.pdf</a></li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Child &amp; Adolescent Psychotherapist (CAPT)</b></p>	<p><u>ACP</u></p> <ul style="list-style-type: none"> <li>Newly qualified, first 2 years: fortnightly</li> <li>After 2 years qualified: monthly, at least 10 per year</li> <li>Peer group supervision can replace individual supervision for members qualified 5+ years, monthly, at least 10 per year</li> <li><a href="#">ACP Supervision Policy</a></li> </ul>	<p><u>ACP</u></p> <ul style="list-style-type: none"> <li>Full ACP member and have been qualified for at least two years</li> <li><a href="#">ACP Supervision Policy</a></li> </ul>	<p><u>ACP</u></p> <ul style="list-style-type: none"> <li>15 hours each annually for Clinical &amp; Work-Based Learning (Category A) and Non-Clinical Learning - Professional Activity &amp; Continuing Education (Category B)</li> <li><a href="#">ACP CPD Policy</a></li> </ul>	<p><b>PSA accredited registers</b>  <a href="#">Association of Child Psychotherapists (ACP) Home   Association of Child Psychotherapists</a></p>	<p>NHS service supervision will be required weekly with an ACP Child and Adolescent Psychoanalytic Psychotherapist who has had the requisite training and carries clinical responsibility for the trainees' cases.</p> <p>As part of their intensive case training requirements trainees will also receive weekly supervision via the training schools .</p> <p>Supervision of trainees is required to achieve the following competencies by completion of the training:</p> <p><a href="#">Competence Framework for Child and Adolescent Psychotherapists at the Point of Qualification</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Cognitive Behavioural Therapist (CBT Therapist)</b></p>	<p><u>BABCP</u></p> <ul style="list-style-type: none"> <li>For a full-time clinical practice, this should be a minimum of 1.5 hours per month of individual supervision. This can be an average, providing the contact is regular.</li> <li><a href="https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/supervision-guidance/">https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/supervision-guidance/</a></li> </ul>	<p><u>BABCP</u></p> <ul style="list-style-type: none"> <li>All supervisors on our accredited courses must be BABCP accredited CBT practitioners</li> <li><a href="https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/supervision-guidance/">https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/supervision-guidance/</a></li> </ul>	<p><u>BABCP</u></p> <ul style="list-style-type: none"> <li>Must complete a Reflective Statements for five activities</li> <li>Within these five activities, you must have completed at least six hours of CBT skills development each year. The skills training may be drawn from one workshop, or several shorter ones to make up the six hours. Skills hours must be facilitated by qualified and experienced CBT trainers, although it is not essential that the workshops are provided by BABCP.</li> </ul>	<p><b>PSA accredited registers</b></p> <ul style="list-style-type: none"> <li><a href="#">BABCP   British Association for Behavioural &amp; Cognitive Psychotherapies</a></li> </ul>	<p><u>BABCP</u></p> <ul style="list-style-type: none"> <li>To meet accreditation requirements, you must have received at least 40 hours of clinical supervision altogether. There must be a minimum of five hours' clinical supervision for each of eight training cases.</li> <li><a href="https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/post-accreditation-guidance/supervision-requirements-on-babcp-level-1-accredited-courses/">https://babcp.com/what-is-accreditation/cognitive-behavioural-psychotherapist-accreditation/post-accreditation-guidance/supervision-requirements-on-babcp-level-1-accredited-courses/</a></li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Family and Systemic Psychotherapist</b></p>	<p><u>UKCP</u> 3 years post qualification</p> <ul style="list-style-type: none"> <li>• Minimum 18 hours annually (1.5 hours monthly)</li> <li>• At least 12 hours 1:1, remaining 6 hours can include group supervision</li> <li>• No more than 25% online</li> </ul> <p>After 3 years qualified</p> <ul style="list-style-type: none"> <li>• Minimum 12 hours annually (1 hour monthly)</li> <li>• <a href="https://ymaws.com/ukcp/CPD/CPD%20Policy%202021.pdf">cpd policy for ukcp 20 21.pdf (ymaws.com)</a></li> </ul>	<p><u>AFSP</u></p> <ul style="list-style-type: none"> <li>• Supervisors should be Association for Family Therapy and Systemic Practice (AFSP) Approved Supervisors or Family and Systemic Psychotherapists who have been registered with the UKCP for a minimum of 3 years.</li> <li>• <a href="https://ymaws.com/ukcp/CPD/CPD%20Policy%202021.pdf">cpd policy for ukcp 20 21.pdf (ymaws.com)</a></li> <li>• AFSP Approved Supervisors are required to be practicing family and systemic psychotherapist and hold current UKCP registration.</li> <li>• Specific supervision of supervision at least 4 times a year for a minimum of an hour.</li> <li>• This can be part of the minimum required supervision hours (i.e. 12 hours per year) for registration as a psychotherapist, but must be dedicated to supervision</li> <li>• Attendance at CPD events specifically</li> </ul>	<p><u>AFSP</u></p> <ul style="list-style-type: none"> <li>• 250 hours over 5 year period</li> <li>• Minimum 20 hours annually</li> <li>• 12 hours supervision, 18 hours training courses, 20 hours reading &amp; other activity</li> <li>• <a href="https://ymaws.com/ukcp/CPD/CPD%20Policy%202021.pdf">cpd policy for ukcp 20 21.pdf (ymaws.com)</a></li> </ul>	<p><b>PSA accredited registers</b></p> <ul style="list-style-type: none"> <li>• UKCP register (PSA accredited) and a member of the UKCP College of Family, Couple and Systemic Therapy. Provides individual accreditation.</li> </ul> <p><b>Professional guidance</b></p> <ul style="list-style-type: none"> <li>• AFSP – Professional body that accredits training courses</li> <li>• NB: The AFSP was formally called The Association of Family Therapy (AFT) and changed the name during 2025.</li> </ul>	<p><u>AFSP</u></p> <p>Foundation Level:</p> <ul style="list-style-type: none"> <li>• No supervision requirement</li> </ul> <p>Intermediate Level:</p> <ul style="list-style-type: none"> <li>• It is expected that students should access a minimum of 10 hours of systemic supervision.</li> <li>• Supervision can be accessed individually or in a small group.</li> <li>• Supervision is expected to cover the individual student's systemic practice during the course. Students must receive supervision for the required 60 hours of clinical practice.</li> </ul> <p>Qualifying Level:</p> <ul style="list-style-type: none"> <li>• 40 hours of face-to-face work with clients over the course (usually 2-7 years part-time), 35 of which must be live supervised by supervisor.</li> <li>• The remaining hours can be peer supervised and presented to the Supervisor through recorded material.</li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
		<p>focused on supervision twice during the 5-year period. This can be part of the requirement for registration as a psychotherapist.</p> <ul style="list-style-type: none"> <li>• Completion of a form which lists CPD activities and a short statement of 250-500 words on supervisory development during the past 5 years since last review.</li> <li>• <a href="#">approved supervisor cpd poli.pdf (ymaws.com)</a></li> </ul>			<ul style="list-style-type: none"> <li>• Supervisor preferably accredited by AFSP or fulfilling the criteria for accreditation by AFSP. Where no AFSP accredited Supervisor is available, a UKCP accredited Family and Systemic Psychotherapist will be expected to be the Supervisor.</li> <li>• In addition to this there is an agency based practice required of 200 hours over the course of the two year qualifying level training which must be supervised by a suitably qualified supervisor ( ratio of 1:6 )</li> <li>• <a href="#">AFT Blue book</a></li> </ul>



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<b>Medical Psychotherapist</b>	<ul style="list-style-type: none"> <li>One-hour weekly case supervision with at least monthly supervision.</li> <li>Member of a CPD peer group meeting at least 4 times a year, required by the Royal College of Psychiatrists</li> </ul>	<ul style="list-style-type: none"> <li>Consultant medical psychotherapists have training in supervisory skills as part the qualification for the role.</li> <li>Supervision for other modalities should be offered by the appropriately qualified supervisor</li> </ul>	<ul style="list-style-type: none"> <li>Maintaining CPD in line with Royal College of Psychiatrists requirements. A minimum of 50 hours is required annually.</li> </ul> <p>Accreditation with other professional bodies e.g. BPC, BABCP, UKCP, will require adherence to their respective CPD and clinical governance requirements.</p>	<ul style="list-style-type: none"> <li><a href="https://www.rcpsych.ac.uk">Medical psychotherapy accreditation   Royal College of Psychiatrists (rcpsych.ac.uk)</a></li> <li>Certificate of Completion of Training (CCT) with GMC after completion of RCPsych higher specialty training</li> <li>Route to UKCP, BPC, BABCP accreditation available</li> </ul>	<ul style="list-style-type: none"> <li>Training is usually post medical degree.</li> <li>Higher trainee/resident doctors – one-hour weekly psychiatry supervision(including managerial, clinical and pastoral) delivery by consultant psychiatrist. Additionally for medical psychotherapy resident doctors, they have one-hour weekly supervision per modality of therapy (psychodynamic, CBT, systemic etc). For detailed guidance, please refer to the Royal College of Psychiatrists website.</li> </ul>



# Practitioner Psychologists

Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Clinical Psychologist</b>	<p><b>HCPC</b></p> <ul style="list-style-type: none"> <li>There is a requirement to understand the need for supervision and to demonstrate this in practice but no specific requirements regarding hours or type.</li> <li>HCPC standards refer registrants to employers and professional bodies for further guidance</li> <li><a href="#">Supervision   The HCPC</a></li> </ul> <p><b>BPS</b></p> <ul style="list-style-type: none"> <li>No universal rules on how much supervision needed. Qualified practitioners are responsible for assessing their own needs thinking about the nature of practice, people, role, and vulnerability burnout, compassion fatigue or secondary trauma.</li> <li><a href="#">Supervision guidance for psychologists   BPS</a></li> </ul>	<p><b>BPS</b></p> <ul style="list-style-type: none"> <li>Unless an Expert by Experience, recommend that Psychologists providing supervision are a Chartered Member and have completed either the society's Supervision Skills course or approved supervisor training via a third party or higher education institute. The society recommends supervisors be registered on the BPS Register of Applied Psychology Practice Supervisors (RAPPS). Your employer may also provide supervision training, which may supplement the above.</li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements</li> <li>BPS recommend 10 days per year <a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></li> </ul> <p><b>DCP</b></p> <ul style="list-style-type: none"> <li>Minimum 40 hours of recorded CPD per year.</li> <li>Advisory 70 hour minimum for those working full time.</li> <li><a href="#">Clinical Psychology: Continuing Professional Development Guidelines   BPS - British Psychological Society</a></li> </ul>	<p><b>Statutory regulation</b> Health Care and Professions Council <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b> British Psychological Society (BPS)</p> <ul style="list-style-type: none"> <li><a href="#">Homepage   BPS</a></li> </ul> <p>BPS Division of Clinical Psychology (DCP)</p> <ul style="list-style-type: none"> <li><a href="#">Division of Clinical Psychology   BPS</a></li> </ul> <p>Association of Clinical Psychologists UK (ACP-UK)</p> <ul style="list-style-type: none"> <li><a href="#">Association of Clinical Psychologists UK (ACP-UK) (acpuk.org.uk)</a></li> </ul>	<p>1.5 hours per week 1:1 clinical supervision</p> <p>Supervisors [of trainee clinical psychologists] must be appropriately qualified, but may be registered in a different domain of psychology, or be a member of another profession:</p> <ul style="list-style-type: none"> <li>Psychologists providing supervision to trainees on accredited programmes must be registered with the Health and Care Professions Council;</li> <li>Members of other professions who are providing supervision to trainees on accredited programmes should normally be registered with an appropriate professional or statutory body. When these arrangements are in place it is desirable that trainees have access to a practitioner psychologist</li> </ul> <p><a href="#">Clinical Psychology - Standards for Accreditation.pdf</a></p>

This document was last updated in March 2026

If you are reading a printed copy of this document, then you should check the PPN website to ensure that you are using the most current version.



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<p><b>Counselling Psychologist</b></p>	<p><b>HCPC</b></p> <ul style="list-style-type: none"> <li>There is a requirement to understand the need for supervision and to demonstrate this in practice but no specific requirements re hours or type</li> <li>HCPC standards refer registrants to employers and professional bodies for further guidance</li> <li><a href="#">Supervision   The HCPC</a></li> </ul> <p><b>BPS</b></p> <ul style="list-style-type: none"> <li>No universal rules on how much supervision needed- qualified practitioners are responsible for assessing their own needs. thinking about the nature of practice, people, role, and vulnerability burnout, compassion fatigue or secondary trauma.</li> </ul> <p><a href="#">Supervision guidance for psychologists   BPS</a></p>	<p><b>BPS</b></p> <ul style="list-style-type: none"> <li>Unless an Expert by Experience, recommend that Psychologists providing supervision are a Chartered Member and have completed either the society's Supervision Skills course or approved supervisor training via a third party or higher education institute. The society recommends supervisors be registered on the BPS Register of Applied Psychology Practice Supervisors (RAPPS). Your employer may also provide supervision training, which may supplement the above.</li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements</li> <li>BPS recommend 10 days per year</li> </ul> <p><a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></p>	<p><b>Statutory regulation</b></p> <p>Health Care and Professions Council  <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b></p> <p>British Psychological Society (BPS)</p> <ul style="list-style-type: none"> <li><a href="#">Homepage   BPS</a></li> </ul> <p>BPS Division of Counselling Psychology (DCoP)  <a href="#">Division of Counselling Psychology   BPS</a></p>	<ul style="list-style-type: none"> <li>Trainees must complete a minimum of 450 hours of supervised clinical experience in relation to the above, and programmes must have a system in place for monitoring the breadth of experience that each trainee develops</li> <li>Trainees will have a co-ordinating placement tutor or supervisor with overall responsibility for the candidate throughout the programme, who is qualified in the relevant domain of psychology</li> <li>During training a practice supervisor must offer 1 hour of supervision for every 8 hours of practice</li> <li><a href="#">Counselling Accreditation Handbook 2019.pdf (bps.org.uk)</a></li> <li><a href="#">QCoP Candidate Handbook.pdf (bps.org.uk)</a></li> </ul>



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<h2 style="margin: 0;">Forensic Psychologist</h2>	<p><b>HCPC</b></p> <ul style="list-style-type: none"> <li>There is a requirement to understand the need for supervision and to demonstrate this in practice but no specific requirements re hours or type.</li> <li>HCPC standards refer registrants to employers and professional bodies for further guidance</li> <li><a href="#">Supervision   The HCPC</a></li> </ul> <p><b>BPS</b></p> <ul style="list-style-type: none"> <li>No universal rules on how much supervision needed- qualified practitioners are responsible for assessing their own needs. thinking about the nature of practice, people, role, and vulnerability burnout, compassion fatigue or secondary trauma.</li> </ul> <p><a href="#">Supervision guidance for psychologists   BPS</a></p>	<p><b>BPS</b></p> <ul style="list-style-type: none"> <li>Unless an expert by experience, recommend that Psychologists providing supervision are a Chartered Member and have completed either the society's Supervision Skills course or approved supervisor training via a third party or higher education institute. The society recommends supervisors be registered on the BPS Register of Applied Psychology Practice Supervisors (RAPPS). Your employer may also provide supervision training, which may supplement the above.</li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements</li> <li>BPS recommend 10 days per year</li> </ul> <p><a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></p>	<p><b>Statutory regulation</b></p> <p>Health Care and Professions Council  <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b></p> <p>British Psychological Society (BPS)</p> <ul style="list-style-type: none"> <li><a href="#">Homepage   BPS</a></li> </ul> <p>Division of Forensic Psychology</p> <ul style="list-style-type: none"> <li><a href="#">Division of Forensic Psychology   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>Training programmes must provide a minimum of two years' full-time supervised practice, or its part-time equivalent, comprising a minimum of 90 days' supervised practice towards each Core Role</li> <li><a href="#">Forensic Accreditation Handbook 2019.pdf (bps.org.uk)</a></li> <li>You are required to have at least monthly face to face meetings with your Co-ordinating Supervisor. Four of these meetings must be used to complete the Quarterly Supervision Plan</li> </ul> <p><a href="#">QFP 2021 - Candidate Handbook.pdf (bps.org.uk)</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Health Psychologist</b></p>	<p>BPS</p> <ul style="list-style-type: none"> <li>Health Psychologists in full time practice should have access to a minimum of one hour of supervision per month; this can be an average over the year but the contact needs to be regular.</li> <li>Newly qualified and less experienced Health Psychologists will likely require a higher duration and frequency than this minimum.</li> <li>Health Psychologists working part time can reduce their overall amount of supervision time pro rata, as long as they receive a minimum of 45 minutes per month.</li> </ul> <p><a href="#">Supervision guidance for psychologists   BPS</a></p>	<p>BPS</p> <ul style="list-style-type: none"> <li>For qualified health psychologists, supervisors should be registered psychological professionals e.g. HCPC or BABCP who have completed BPS Supervisor training or equivalent</li> <li><a href="#">BPS Supervision guidance 2024</a></li> </ul>	<ul style="list-style-type: none"> <li>Compliance with HCPC registration requirements</li> <li>BPS recommend 10 days per year</li> </ul> <p><a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></p>	<p><b>Statutory regulation</b> Health Care and Professions Council <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b> British Psychological Society (BPS) • <a href="#">Homepage   BPS</a></p> <p>Division of Health Psychology</p> <ul style="list-style-type: none"> <li><a href="#">Division of Health Psychology   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>For stage two Doctoral programmes, where recognition of existing competence is awarded, the minimum period of supervised professional practice to be undertaken by trainees is two years full-time (or the equivalent part-time)</li> <li><a href="#">Health Accreditation Handbook 2019.pdf (bps.org.uk)</a></li> <li>Health Psychologists in training should make an appropriately detailed progress report (verbal or written) to their supervisor once each month, and the supervisor should give appropriately detailed and prompt feedback on this report every month, either in person, verbally or in written form</li> </ul> <p><a href="#">Health Accreditation Handbook 2019.pdf (bps.org.uk)</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Neuro-psychologist (Adult)</b></p>	<p><u>BPS</u>            Within first two years of qualification, 90 minutes one-to-one per week per 1.0 wte but part-time should not lead to pro rata reduction</p> <p>Between two and three years, recommendation is 90 minutes one to one every two weeks</p> <p>Following three to four years of post-qualification experience, this can be reduced to 90 minutes every four weeks</p> <p>The recommended minimum level of supervision for Neuropsychologists is 90 minutes every six weeks.  <a href="#">BPS Supervision guidance for psychologists 2024</a></p>	<p><u>BPS</u>            Supervisors of Clinical Neuropsychologists should be eligible for entry onto the BPS Register of Applied Psychology Practice Supervisors. Furthermore, supervisors of senior neuropsychology staff (i.e. those working at 8c or above) should be entered on the BPS Specialist Register of Clinical Neuropsychologists (SRCN).            Specific requirements for different pay bands available in guidance: <a href="#">Supervision guidance for psychologists   BPS</a></p>	<ul style="list-style-type: none"> <li>• Compliance with HCPC registration requirements</li> <li>• BPS recommend 10 days per year  <a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></li> </ul>	<p>Neuropsychologist is not a protected title and there is no specific accreditation through the Health and Care Professions Council. However, in practice another protected title is required to confer eligibility for neuropsychology training and must be maintained.  <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b>            Division of Neuropsychology</p> <ul style="list-style-type: none"> <li>• <a href="#">Division of Neuropsychology   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>• Trainees will have a co-ordinating placement tutor or supervisor who is a qualified clinical neuropsychologist.</li> <li>• The nature of supervision provided will depend on the organisational context of the placement.</li> <li>• It is for programmes to ensure that all supervisors have the appropriate competencies to be offering the particular services in which they are supervising the trainee.</li> <li>• A formal working contract should be in place between the trainee, the programme and the placement outlining the amount, frequency and nature of the supervision that will take place..</li> <li>• Supervision should normally take place on a face-to-face basis,  <a href="#">Clin Neuro Accreditation (Adult) Handbook 2019.pdf (bps.org.uk)</a></li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Neuro-psychologist (Paediatric)</b></p>	<p><u>BPS</u> Within first two years of qualification: 90 minutes one-to-one per week per 1.0 wte but part-time should not lead to pro rata reduction</p> <p>Between two and three years: recommendation is 90 minutes one to one every two weeks</p> <p>Following three to four years of post-qualification experience this can be reduced to 90 minutes every four weeks</p> <p>The recommended minimum level of supervision for Neuropsychologists is 90 minutes every six weeks <a href="#">BPS Supervision guidance for psychologists 2024</a></p>	<p><u>BPS</u> Supervisors of Clinical Neuropsychologists should be eligible for entry onto the BPS Register of Applied Psychology Practice Supervisors. Furthermore, supervisors of senior neuropsychology staff (i.e. those working at 8c or above) should be entered on the BPS Specialist Register of Clinical Neuropsychologists (SRCN). Specific requirements for different pay bands available in guidance: <a href="#">Supervision guidance for psychologists   BPS</a></p>	<ul style="list-style-type: none"> <li>• Compliance with HCPC registration requirements</li> <li>• BPS recommend 10 days per year <a href="#">Guidelines on job planning for practitioner psychologists in the NHS and social care   BPS - British Psychological Society</a></li> </ul>	<p>Neuropsychologist is not a protected title and there is no specific accreditation through the Health and Care Professions Council. However, in practice another protected title is required to confer eligibility for neuropsychology training and must be maintained. <a href="#">The Health and Care Professions Council (HCPC)   (hcpc-uk.org)</a></p> <p><b>Professional guidance</b> Division of Neuropsychology <a href="#">Division of Neuropsychology   BPS</a></p>	<ul style="list-style-type: none"> <li>• Trainees will have a co-ordinating placement tutor or supervisor who is a qualified clinical neuropsychologist.</li> <li>• The nature of supervision provided will depend on the organisational context of the placement.</li> <li>• It is for programmes to ensure that all supervisors have the appropriate competencies to be offering the particular services in which they are supervising the trainee.</li> <li>• A formal working contract should be in place between the trainee, the programme and the placement outlining the amount, frequency and nature of the supervision that will take place..</li> <li>• Supervision should normally take place on a face-to-face basis, <a href="#">Clin Neuro Accreditation (Paediatric) Handbook 2019.pdf (bps.org.uk)</a></li> </ul>



## Associate and Assistant Roles

Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Associate Psychological Practitioners</b>	<ul style="list-style-type: none"><li>• 30 minutes – 1 hour per week case management supervision</li><li>• 2 hours per fortnight of clinical skills supervision</li></ul>	<ul style="list-style-type: none"><li>• Qualified Psychological Professional</li></ul>	<ul style="list-style-type: none"><li>• 30 hours annually, recorded</li><li>• Including: Work-based learning, professional activity, formal education, self-directed learning</li></ul>	No current registration scheme available	<ul style="list-style-type: none"><li>• Minimum of 25 hours of supervision</li></ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Clinical Associate in Applied Psychology (CAAP – Scotland Only)</b></p>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>Fortnightly clinical supervision pro rata for a full time member of staff</li> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>Clinical Psychologist or delegated by Professional Lead to other applied psychologists or CAAPS with two years post qualification experience and relevant supervision training. (BPS)</li> </ul>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>5 activities and reflective statements</li> <li>At least 3 of the 5 activities relate to how CPD undertaken has furthered knowledge skills in psychological assessment, formulation, intervention and evaluation with either children, young people and families or adults depending on the specific population the CAAP has been trained to work with</li> <li>One activity and reflection on the clinical supervision received</li> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<p>This title is recognised for practice in Scotland. It is not commonly used in England. A chief psychological professions officer within the provider organisation may appoint individuals with CAAP qualifications based on competence for other appropriate roles in England.</p> <p><b>PSA accredited registers</b></p> <p><u>BPS</u></p> <ul style="list-style-type: none"> <li><a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>Weekly individual</li> <li>Group supervision during teaching weeks (monthly)</li> </ul>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<p><b>Clinical Associate in Psychology (CAP)</b></p>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>• Minimum fortnightly clinical supervision pro rata for a full time member of staff</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<ul style="list-style-type: none"> <li>• HCPC registered practitioner psychologist</li> </ul>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>• 5 activities and reflective statements</li> <li>• At least 3 of the 5 activities relate to how CPD undertaken has furthered knowledge skills in psychological assessment, formulation, intervention and evaluation with either children, young people and families or adults depending on the specific population the CAP has been trained to work with</li> <li>• One activity and reflection on the clinical supervision received</li> <li>• <a href="#">Wider Psychological Workforce Registration   BPS</a></li> </ul>	<p><b>PSA accredited registers</b></p> <p><u>BPS</u></p> <p><a href="#">Wider Psychological Workforce Registration   BPS</a></p>	<ul style="list-style-type: none"> <li>• Weekly supervision with clinical psychology supervisor</li> </ul> <p><a href="#">Clinical associate in psychology (CAP) (integrated degree) / Institute for Apprenticeships and Technical Education</a></p>



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
<b>Assistant Psychologists</b>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>APs should receive a minimum of 1 hour of formal supervision on a weekly basis (for full-time and part-time roles) with consistent access to their supervisor (or another Practitioner Psychologist in their absence) when needed during working hours. In settings where group supervision is offered instead of individual supervision, they should still be offered individual time with their supervisor on at least a monthly basis</li> </ul> <p><a href="#">Expected standards for the recruitment and employment of assistant psychologists (APs)   BPS</a></p>	<p><u>ACP-UK</u></p> <ul style="list-style-type: none"> <li>Qualified HCPC registered Clinical Psychologist or other Practitioner Psychologist.</li> <li>Line management should be separate from clinical supervision.</li> <li><a href="#">Microsoft Word - AP Guidelines ACPUK Ver1.docx</a></li> </ul>	<p><u>ACP-UK</u></p> <ul style="list-style-type: none"> <li>At least 3.75 hours per week</li> <li>Work-based learning; professional activity; formal education and self-directed learning</li> <li><a href="#">Microsoft Word - AP Guidelines ACPUK Ver1.docx</a></li> </ul>	<p>No accreditation available but British Psychological Society and Association of Clinical Psychologists offer professional guidance</p> <p><b>Professional guidance</b> British Psychological Society (BPS)</p> <ul style="list-style-type: none"> <li><a href="#">Homepage   BPS</a></li> </ul> <p>Association of Clinical Psychologists UK (ACP-UK) <a href="#">Association of Clinical Psychologists UK (ACP-UK) (acpuk.org.uk)</a></p>	Not Applicable
	<p><u>ACP-UK</u></p> <ul style="list-style-type: none"> <li>1.5 hours per week 1:1 clinical supervision</li> <li>3 hours per week total contact time with clinical supervisor</li> </ul>	<p><u>BPS</u></p> <p>Should be supervised by a Practitioner Psychologist who holds appropriate professional responsibility for their work (such as clinical work).</p> <p><a href="#">Expected standards for the recruitment and employment of assistant psychologists (APs)   BPS</a></p>	<p><u>BPS</u></p> <ul style="list-style-type: none"> <li>Should be afforded 0.1 WTE (3.75 hours) of CPD time for a full-time post (1.0 WTE, 37.5 hours) per week, or a proportionate equivalent.</li> <li><a href="#">Expected standards for the recruitment and employment of assistant psychologists (APs)   BPS</a></li> </ul>		



Psychological Professional Role	Minimum Qualified Supervision Requirement	Supervisor Requirements	CPD Requirement	Registration/ Professional Body/Bodies	Minimum Trainee Supervision Requirement
	<ul style="list-style-type: none"><li><a href="#">Microsoft Word - AP Guidelines ACPUK Ver1.docx</a></li></ul>				

This document was last updated in March 2026

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