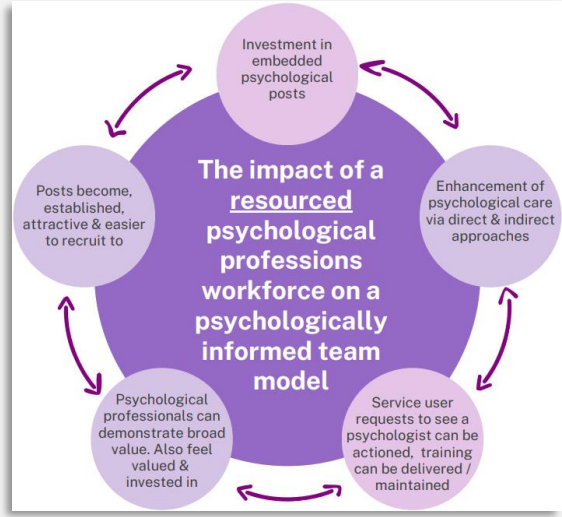
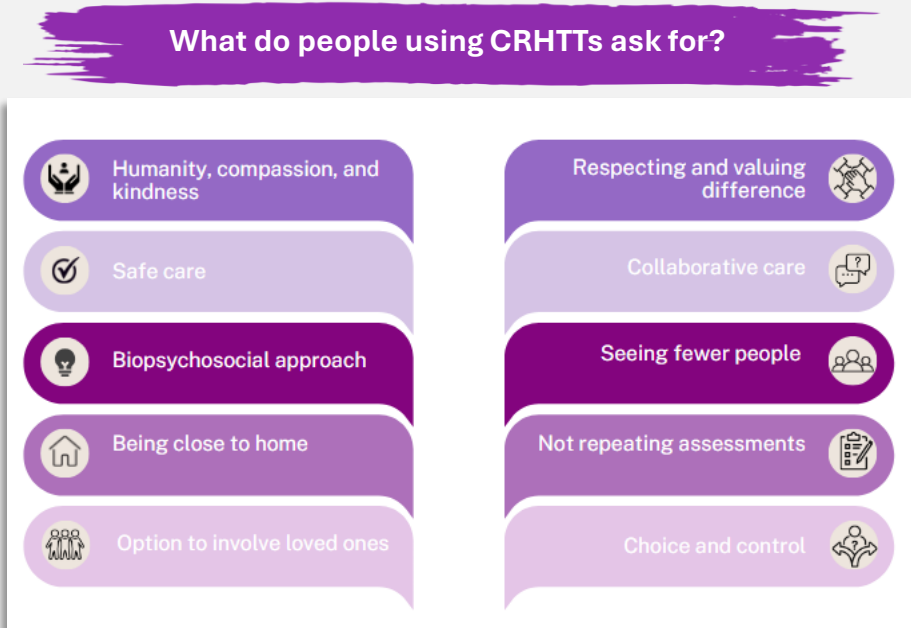


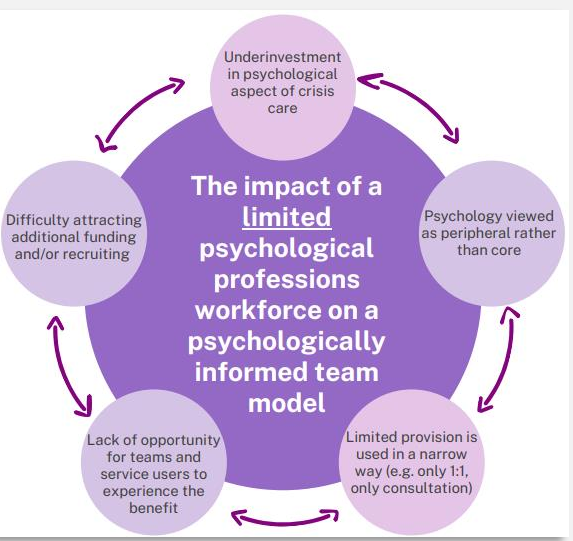
CRHTTs sit in a pivotal place in the urgent care pathway. They act as gatekeepers for acute inpatient beds, facilitate early hospital discharge and provide person centred interventions in a home environment. Many people accessing these services have experienced trauma and are dealing with current distress. It is crucial that CRHTTs are set up to offer compassionate evidence-based care and avoid retraumatisation. This project outlines a model and toolkit to develop and maintain psychologically informed CRHTTs.

Psychologically Informed Care...
 ... is an approach to delivering services that takes into account individuals' emotional and psychological needs. There is an emphasis on recognising and responding to the impact of trauma on the individual and the system.



- ### Moving intention into action via...
- Regional best practice examples
 - A model of care
 - Top tips for commissioners, service managers & psychological professionals

A New Model of Psychologically Informed Crisis Care (Macdonald & Goody, 2024)



"More than anything - a culture of kindness and compassion - to have a sense that people care and have hope for you" (PPN-SE Crisis Lived Experience Survey, 2024)

Research and guidance...
 ... endorses a psychological workforce supporting CRHTT care as outlined by Royal College of Psychiatry (QNCRHTT, 2022), Association of Clinical Psychology Acute Workforce Guidance (2021) & NICE guidance regarding access to psychological interventions.

